

FRIDAY, MAY 26, 2023

# God is My Guide

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... suffering produces endurance, and endurance produces character, and character produces hope ...

*Romans 5:3-4*

During my youth, sports were an outlet for my competitive drive. I participated in many of them. My coaches, determined to have the best possible team, demanded excellence. They regularly made notes on each person's performance. After one especially difficult practice, I was sure that I would not be chosen to play in the next game. I asked God for help.

Walking home that day, I decided to focus on doing my best and to leave the rest to God. I did and soon found my name on the roster of players selected. That experience changed me. I learned to trust in God.

I have faced numerous personal and professional challenges since then. God has been with me in every trial.

*Robert Gilbert  
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**Dear Lord,** sustain my faith and hope in difficult times. Amen.

**Reflect:** Consider how God has helped you overcome challenges that you have faced.

**Read:** James 1:12 and Romans 8:28

