



When You're Under Pressure

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_____ is God's training program for me and the pressure points I face have a _____

²Count it all joy, my brothers, when you meet **trials** of various kinds, ³for you know that the **testing** of your faith produces **steadfastness**. ⁴And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.

⁵If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him. ⁶But let him ask in faith, with no doubting, for the one who doubts is like a wave of the sea that is driven and tossed by the wind. ⁷For that person must not suppose that he will receive anything from the Lord; ⁸he is a double-minded man, unstable in all his ways.

¹²Blessed is the man who remains steadfast under trial, for when he has stood the test he will receive the crown of life, which God has promised to those who love him.

James 1:1-8, 12 ESV

Lessons for when I'm under pressure:

- I _____ experience trials in this life.
James 1:2; Job 5:7; John 16:33; Romans 8:17; 1 Peter 4:12
- Why? _____
Genesis 3:16-19; Romans 5:12, 8:20-22; Ephesians 2:1-3
- My challenge: Don't just _____ through it, _____ through it! *Isaiah 55:8-9*
- _____ I'm facing pressure in life, _____ is where God wants to grow me
- Growth requires a shift in perspectives...
 - Instead of _____, we can choose _____ (v. 2)
 - Instead of _____, we can _____ (v. 3)
 - Instead of _____, we can experience great _____ (v. 4, 12)

When I'm under pressure, _____ can be found in _____

Romans 3:10-12, 23; 5:1, 8; 6:23; 8:1; 10:9-10, 13



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