



I'm Too Tired

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The price of believing the "I'm Too Tired" Lie

- The "I'm Too Tired" Lie leads to missed **OPPORTUNITIES**

Proverbs 18:9; Matthew 26:40-46

- Sets the pattern of acting on lies

- ◊ Acting on lies like this will cause other **PROBLEMS**

2 Samuel 12:8-14

When the "I'm Too Tired" Lie strikes

- Go first to **GOD**

Matthew 11:27-30; Psalm 23:1-3; Psalm 50:15

- Trust that by God's grace you will **ENDURE**, do the next right thing and refuse to be **OVERWHELMED**

- Be careful not to get **FLUSTERED** or **AGITATED**

- ◊ Take the long term view of the situation

- ◊ Ask yourself "Are the relationships I will damage or the mission I will sabotage worth my believing in and acting on the 'I'm Too Tired' Lie right now?"

Joshua 1:9; 2 Timothy 2:3

GAME PLAN to fight the "I'm Too Tired" Lie in advance - You know it's coming

- Maintain a **DAILY** Quiet Time and ask the Lord for help

Ephesians 6:11-13; Matthew 6:13

- Set your heart to **DEPEND** and **TRUST** in God - Commit to this before "I'm Too Tired" shows up

Psalm 62:8, 11-12

- Consider a **TIME MANAGMENT** system

Ephesians 5:15-17; Psalm 90:12

- Rely on God alone to **REFRESH** and **RENEW** you when the "I'm Too Tired" Lie shows up - God will keep His Word

Isaiah 40:31



[hopechurch.com/
messages](https://hopechurch.com/messages)



[hopechurch.com/
podcasts](https://hopechurch.com/podcasts)



youtube.com/HopeCFW

Resources:

7 Minutes With God by Harold Bullock

Memory Verse (Topic: I'm Too Tired)

*But they who wait for the Lord shall renew their strength;
they shall mount up with wings like eagles; they shall run and not be weary;
they shall walk and not faint.*

Isaiah 40:31 ESV

My Next Steps:

- I'll memorize Isaiah 40:31.
- Today for the first time, I'll choose to follow Jesus!
- I'll start the practice of a regular Quiet Time.
- I'll pray and ask God for strength this week.
- I'll ask for prayer in a situation where I'm feeling too tired.
- I'll _____

Behind Enemy Lies series overview:

Week 1 - June 6th, <i>Battleground</i>
Week 2 - June 13th, <i>It's Not What I Want</i>
Week 3 - June 20th, <i>I'm Too Tired</i>
Week 4 - June 27th, <i>It's Not Worth It</i>
Week 5 - July 4th, <i>It's Not Fair</i>
Week 6 - July 11th, <i>It's Too Hard</i>
Week 7 - July 18th, <i>I'm the Only One</i>
Week 8 - July 25th, <i>Continuing to Battle</i>

Additional Notes:
