



# Rooted To Relate, Part 1

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In Ephesians 5:22-6:9, Paul answers the question: *What are Biblical standards for relating...*

- in \_\_\_\_\_? (5:22-33)
- as \_\_\_\_\_ and \_\_\_\_\_? (6:1-4)
- at \_\_\_\_\_? (6:5-9)

God's standards have never been \_\_\_\_\_, but they always bring \_\_\_\_\_  
*Isaiah 55:8-9; Ecclesiastes 2:26; John 6:28-29, 14:21; Hebrews 11:6*

- We live in \_\_\_\_\_ and must acknowledge the tension between **God's ideal** vs. the \_\_\_\_\_

## Some Helpful Context for Ephesians 5

Gender and marriage are designed by \_\_\_\_\_; they are not a \_\_\_\_\_  
*Genesis 1:1, 26-31, 2:15-25, 3:6, 16-19*

- God made us who we are \_\_\_\_\_!
- God created the world with order and \_\_\_\_\_  
*James 4:7; 1 Timothy 2:13; 1 Peter 2:13-14*
- \_\_\_\_\_ affects every part of us ( \_\_\_\_\_ )  
*Romans 3:9-18; Ephesians 2:1-5; James 4:1*

Insights from Ephesians 5:18-21, the transition to Biblical standards for different relationships:

- Be filled with the Holy Spirit = \_\_\_\_\_ in the Spirit (v. 18) *Galatians 5:16-23*
- Out of respect for Christ, we are called to \_\_\_\_\_ to one-another (v. 21)
  - An attitude of \_\_\_\_\_ that becomes a pattern of behavior *Philippians 2:1-9*

## Lessons from Ephesians 5:22-33

### For Men...

- Husbands: \_\_\_\_\_ your wives as Christ loved the church *1 Corinthians 13*
  - This means: Lovingly \_\_\_\_\_ your wife
    - Pay the highest price
    - Take full responsibility

### For Women...

- Wives: \_\_\_\_\_ to your own husbands as to the Lord
  - This means: Respectfully \_\_\_\_\_ your husband *Hebrews 13:17*
    - Choose encouragement over nagging
    - Choose faith over fear



Online Notes

Follow us for encouragement during the week --->



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<sup>22</sup>**Wives, submit to your own husbands, as to the Lord.** <sup>23</sup>For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior. <sup>24</sup>Now as the church submits to Christ, so also wives should submit in everything to their husbands.

<sup>25</sup>**Husbands, love your wives, as Christ loved the church and gave himself up for her,** <sup>26</sup>that he might sanctify her, having cleansed her by the washing of water with the word, <sup>27</sup>so that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. <sup>28</sup>In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. <sup>29</sup>For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, <sup>30</sup>because we are members of his body. <sup>31</sup>“Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.” <sup>32</sup>This mystery is profound, and I am saying that it refers to Christ and the church. <sup>33</sup>However, let each one of you love his wife as himself, and let the wife see that she respects her husband.

**Ephesians 5:22-33 ESV**

**2023-2024 Rooted Prayer Initiative**

- **MONDAY** - Strength and power in our inner being
- **TUESDAY** - Christ will dwell in our hearts through faith
- **WEDNESDAY** - We will be rooted and grounded in love
- **THURSDAY** - We will know the love of Christ that surpasses knowledge
- **FRIDAY** - To be filled with all the fullness of God

**Memory Verse**

*Submitting to one another out of reverence for Christ.*  
Ephesians 5:21 ESV

**My next step today is to...**

- Memorize Ephesians 5:21
- Accept Jesus as my Lord and Savior for the first time!
- (Husbands) Commit to loving my wife like Christ loved the Church
- (Wives) Commit to respecting and following my husband like the Church does to Christ
- Read Ephesians 5:22-33 at least two times this week
- \_\_\_\_\_

**Additional Notes:**

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