



Changed From the Inside Out

Matt Sturdevant
Lead Pastor
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BIG IDEA: Jesus doesn't simply give us a new heart. He **TEACHES** that new heart new ways to live through the presence and power of the **HOLY SPIRIT**

KNOW: There is a **BATTLE**

Galatians 5:16-25

- We face an opponent: **SATAN** *1 Peter 5:8*
- We fight on three **BATTLEFIELDS**:
 - The **WORLD** – External *Psalm 2:1-3*
 - The systems of worldviews, values, and ways of life embedded in culture and societies that oppose God and His ways.
 - The **FLESH** – Internal *Romans 7:15-20*
 - The desire to sin that remains in us after we choose to follow Jesus.
 - The **DEVIL** – Supernatural *1 Peter 5:8*
 - The attack by demonic spirits projecting subtle thoughts, feelings, and temptations.
- **HARD TRUTH:** The **absence** of struggle is NOT the goal, **faithful obedience** in the middle of the struggle is.
- **HEART CHECK:** Where am I struggling the most? Am I trying to walk in the flesh or in the Spirit?

DO: ABIDE - To stay connected to Jesus & depend on Him for **life, strength, & growth**

John 15:1-11

- **FEED** the new heart
- Whatever I continually...
 - **STARVE, WEAKENS**
 - **FEED, GROWS**

KEEP READING →



Online Notes

Follow us for encouragement during the week ---->



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- Practically this includes...

- **SCRIPTURE** *John 17:17; Psalm 119:11, 105; Colossians 3:16*
- **PRAYER** *Philippians 4:6-7; Psalm 139:23-24; Colossians 4:2*
- **BIBLICAL** community *Romans 12:2, 4-5; Hebrews 10:24-25; Colossians 3:16*
- **OBEDIENCE** *James 1:22; John 8:31-32; Romans 6:17*
- **SERVING** *Galatians 5:13; 1 Peter 4:10-11; Ephesians 2:10*
- **GENEROSITY** *2 Corinthians 9:6-8; 1 Timothy 6:17-19; Acts 20:35*

- **HARD TRUTH:** I naturally drift toward the flesh, so I must intentionally pursue the Spirit.
- **HEART CHECK:** Where might I be confusing **activity** for **connection** to Jesus?

BE: Fruit is **GROWN**, not **MANUFACTURED**

John 15:5; Galatians 5:22-23; Philippians 1:6

- Good fruit...
 - Is **EVIDENCE** of life *Matthew 7:15-20; Luke 6:43-44*
 - Grows naturally from a **HEALTHY** tree *Matthew 7:17; John 15:5*
 - Develops **SLOWLY** *Mark 4:26-28; James 5:7*
 - Is **VISIBLE** *Matthew 5:16, 7:20*
 - **BENEFITS** others *Philippians 1:11; Titus 3:14*
 - Spiritual fruit is produced by the **HOLY SPIRIT** *Philippians 2:13; John 15:4-5*
- **HARD TRUTH:** Spiritual maturity is measured less by **dramatic moments** and more by **steady fruit**.
- **HEART CHECK:** What kind of fruit am I currently producing?

Recommended Resources:

[Fully Engaged Series Infographic](#)
[Key Bible Verses on the Heart](#)

[Walking in the Spirit](#)
[Abide Message Series](#)



Online Notes

My next step today is to...

- Repent and accept Jesus as my Savior and submit to His Lordship for the first time!
- Go public as a follower of Jesus and get baptized
- Spend some time this week reflecting on the HEART CHECK questions
- Pray daily: ***“Jesus, help me stay close to You”***
- Sign up for a Group this Fall!
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