



Self-Control

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_____ is first

Galatians 5:22-23

Self-control is the _____ in the moment

Proverbs 25:28

Acts of the Flesh = _____ (No Self-Control)

Galatians 5:19-22

- Sexual immorality
- Idolatry
- Relational strife
- Addictions
- Bonus category: _____

Walk by the Spirit = _____ (Takes Self-Control)

Galatians 5:16-18; Matthew 7:15-20

How to grow good fruit:

Galatians 5:24-25

- Keep _____ weeds! (crucify the flesh)
- Walk in the _____

WHAT WILL HAPPEN TODAY?



We will sing together



A host will say "Hello"



You will hear an encouraging message



We will sing some more



We will receive an offering



Online Notes

Follow us for encouragement during the week --->



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Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

Galatians 5:19-21

The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

Galatians 5:16-18

But I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. But if you are led by the Spirit, you are not under the law.

Galatians 5:24-25

And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also keep in step with the Spirit.

Memory Verse

So I say, walk by the Spirit, and you will not gratify the desires of the flesh.
Galatians 5:16 NIV

My next step today is to...

- Memorize Galatians 5:16
- Accept Jesus as my Lord and Savior for the first time!
- Recommit my life to Jesus
- Apply one aspect of self-control in my life this week
- Read Galatians 5:13-15 this week and reflect on how these verses tie into the message series
- _____

Additional Notes:
