



Be Transformed: Guard Your Heart

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Memory Verse:

Keep your heart with all vigilance, for from it flow the springs of life.

Proverbs 4:23 ESV

BIG IDEA: Your heart is the **CONTROL CENTER** of your life. God doesn't simply want better behavior; He wants a transformed heart.

My heart **DIRECTS** my life

Proverbs 4:23; Matthew 15:10-20; Luke 6:45

- A biblical understanding of the “heart”
 - The **INNER** person
 - Determines the **DIRECTION** of my life
 - **PRESSURE** reveals the heart
- **HARD TRUTH:** I can manage my behavior for a while, but eventually my heart will reveal itself.
- **HEART CHECK:** What tends to come out of me when I am under pressure?

WARNING: My heart is always **WORSHIPING** something

Matthew 6:19-24

- My heart follows my **TREASURE**
- **HARD TRUTH:** Whatever captures my heart will eventually control my life.
- **HEART CHECK:** Who or what is really sitting on the throne of my heart right now?



Online Notes

Follow us for encouragement during the week ---->



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KEEP READING →

GOOD NEWS: JESUS gives us a new HEART

Jeremiah 17:9; Ezekiel 36:25-27; Psalm 51

- Jeremiah's diagnosis: the human heart is **DECEITFUL** and desperately **SICK**

- At its core, my heart is...

S – SELFISH

James 3:14-16, 4:1-3; Philippians 2:3-4

A – ARROGANT

Proverbs 16:5; Obadiah 3; Mark 7:21-23

D – DAMAGING

James 4:1-2; Galatians 5:19-21; Titus 3:3

- God promised something better...a heart **TRANSPLANT**

G – GOD-CENTERED

Matthew 6:33; Galatians 2:20; Colossians 3:1-2

L – LOVING

John 13:34-35; 1 Corinthians 13:4-5; 1 John 4:7

A – ALIGNED

Psalm 37:4; Romans 12:2; Philippians 2:13

D – DOING GOOD

Ephesians 2:10; Galatians 6:9-10; Titus 3:8

- HARD TRUTH:** I cannot permanently change my behavior without Jesus transforming my heart.
- HEART CHECK:** What part of my heart am I reluctant to surrender completely to Jesus?

Recommended Resources:

[Fully Engaged Series Infographic](#)

[Heart Command Center Infographic](#)

[Key Bible Verses on the Heart](#)



Online Notes

My next step today is to...

- o Memorize Proverbs 4:23
- o Repent and accept Jesus as my Savior and submit to His Lordship for the first time!
- o Go public as a follower of Jesus and get baptized
- o Spend some time this week reflecting on the HEART CHECK questions.
- o Plan to attend the August Men's or Women's Kickoff Meeting
- o Plan to attend the August 23 Equipping Seminar: **Can I Really Believe?**
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