



# Sermon Notes

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**March 15th, 2020**

**“How God Takes Our Fears & Grows Our Faith”**

***Matthew 14:22-33***

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**Introduction:** We all have fears. We may have the fear of public speaking, heights or falling. No matter what we are afraid of, God does not want us to live in fear. Joshua 1:9 says for us not to be afraid or discouraged because God is with us.

Let's focus on learning how we can grow spiritually through our fear.

**1. Admit The Fears**

- a. We all have fears in our life.
- b. One of the things we have to do is admit those fears we have to God.
- c. What fear do you have that keeps you from being fully alive?

**2. Act In Faith**

- a. This does not come naturally.
- b. Verse 29

- i. Just like walking on water was a huge step for Peter, acting in faith is a huge step because it's something you probably have never done.
- c. When you step out in faith, you step on the word.
- d. Acting in faith involves taking risk.
  - i. When you refuse to take risks, that fear is going to grow bigger.
  - ii. If Peter had said no, his faith would not grow but his fear would.
- e. What risk do you need to be taking in your life?
- f. Get out of the boat and start walking by faith and not by sight.
- g. Trust God in all aspects of your life.

### 3. Anticipate The Return of Fear

- a. Reality is the fear will come back.
  - i. It did for Peter (v. 30).

### 4. Accept The Presence of The Father

- a. When you begin to sink and go under, Jesus never does.
- b. When you fail, Jesus never does.
- c. God does not work part time in our lives. He works in our lives 24/7.
- d. The problem is that we have a part time memory and at times forget God is always with us.
- e. Jesus promises us that He will never leave us. He promises us that.
- f. Philippians 4:13
  - i. No matter what you face in life, you have strength by God to do all things and overcome all things.
- g. All day, breathe in and breathe out Philippians 4:13



### 5. Announce Your Praise To The Father (v. 33)

- a. Praise the Lord everyday.
  - i. No matter the sickness, issues or conflicts; praise God.

- b. When you worship, you don't have time to worry.

**Conclusion:** Don't run away from your fears. Step out in faith and trust God through everything you face. You are not alone because you have someone with you and His name is Jesus Christ. The more you grow in your faith, the less fear you will have. Fear not. Have faith.

