



Sermon Notes

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“When Life Is Overwhelming”

2 Chronicles 20

Introduction: At times we feel that the problems we face in our lives can be overwhelming. Jehoshaphat had a problem occur in his life. He had an army from Edom coming to attack him and the kingdom of Judah. When his men began to panic, Jehoshaphat did the opposite. Let’s take a look at what Jehoshaphat did when this problem came upon him.

1. Go To The Right Place For Help

- a. Don’t plan first. Pray first.
- b. When you face things marital, financial, spiritual or physical, go to the right source first which is God.
- c. There is no problem too big or too small for you to pray about.

2. Get The Right Perspective

- a. When you pray you turn the perspective off the problem.
- b. Three things about Jehosaphat’s prayer:
 - i. He remembered how big God is (v.6) - The bigger you realize how God is, the smaller your problem seems. God is bigger than your problems.

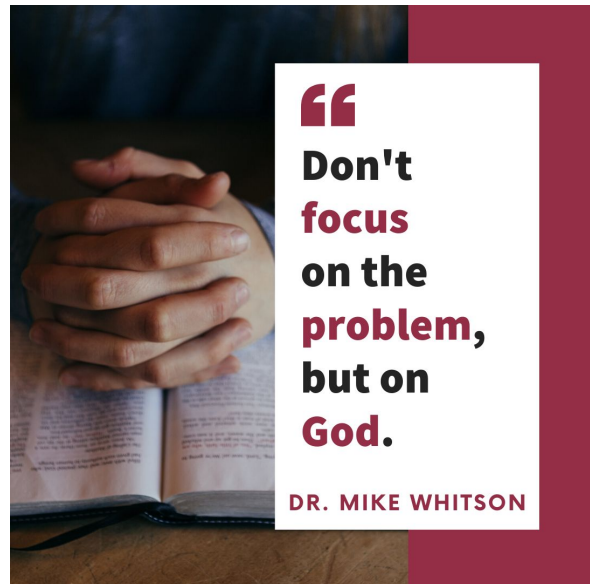
- ii. He remembered what God had done in the past (v.7) - Remember the tough times you faced in the past and remind yourself of how God brought you through.
- iii. Remember what God has promised - God always keeps his promises. God made 7,000 promises in the Bible. None have been broken nor will be broken. He never backs down on His promises to you.

3. Admit I'm Powerless (v.12-13)

- a. Tell God how you feel. Pour out to Him.
- b. Call out to Jesus and say *"Lord I am trusting you to help me."*

4. God's Proposal

- a. The battle you are facing is not yours but God's.
- b. The reason you get overwhelmed and worn out is because you are trying to fight battles that belong to God.
- c. God isn't saying I expect you to fight these battles. I just want you to trust me.
- d. Once you realize you are not in control, then God says I can handle this (verse 17).
- e. God is saying that you don't need to fight and you don't need to move. Just stand strong.
- f. Sometimes it takes more courage to do nothing than to do something.
- g. Trust God and His Word.
 - i. You don't have to be perfect, you just have to trust Him completely.



5. Advance In Praise (v.21)

- a. Thank God for His mercy endures forever.

- b. If the battle is the Lord's, then you already know the victory is coming.
- c. Quit saying please and begin to praise Him in advance for the victory that is yours.

6. Discover The Good From The Problem (v.24)

- a. Look what happens when you let God fight your battles.
- b. God doesn't want you in the valley of your battles.
 - i. He wants you in the blessing of your battles.