Discussion Group Leader Handout

Text: Ephesians 6:17a

Date: April 27, 2022

1. Take the Helmet of Salvation

   i.   What is the main purpose of a helmet?

   ii.   Why did Paul give this a new command and not just include it as modifying the original command of standing firm? What is the importance of separating it?

   iii.   What are some practical ways that help you to remember to take up your helmet daily?

2. Understand the Helmet of Salvation

   i.   How should your life be affected by knowing and meditating on your future salvation or glorification?

      i.   Consider reading **Romans 8:28-38** in your group

   ii.   Because we know who our opponent is from last week's study, what are the things that Satan uses to tempt us?

   iii.   Why do you think that Satan is so focused on fighting with or sending demons to contend with believers?

      i.   Consider reading **Ephesians 2:1-3**

    ii.   Focus on the fact through God's grace and mercy in Christ Jesus crucified, buried and resurrected, we we taken from his domain of darkness into the domain of Christ

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3. Use the Helmet of Salvation

    i.   How do we make sure that we are using the helmet of salvation in our lives?

    ii.   Do you find yourself struggling with walking into battle without donning your helmet? If so, why? Can you think of specific reasons why?

    iii.   Read **2 Peter 1:3-8.** How does this passage encourage you in the daily trials you encounter?

    iv.   Read **1 Thessalonians 5:8-9**. How can you apply this passage to your life? Do you dwell on the hope of salvation that is mentioned in this text?

Prayer requests:

- Pray that the Lord would help Anchor Bible Church to constantly remember daily take up their helmet and to help us to do so to protect our minds and hearts from the attacks of Satan

- Pray that the Lord, through His Spirit, would cause us to dwell on the amazing nature of our future salvation and glorification through Christ

- Pray that the Lord would make Anchor bible church grow in the godly disciplines that we would not be useless nor unfruitful