

# *Unmasking Temptation*

## **1 Corinthians 10:13**

**13** No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

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### ***Passage Summary:***

Lest they think their predicament was unique, in 10:12–13 Paul reminds them that it was not, in both a negative and a positive way. All Christian believers face the challenge of tests and temptations to the integrity of their faith. These may vary from person to person and from occasion to occasion, but the pressure is ever present to understand what Christ would have us do. It could be whether to eat meat offered to idols (still very real in some contexts today) or whether to participate in certain kinds of social gatherings—and Christians may disagree about these matters. No believer is unique in the burden of the potential sin they bear.

However, on the positive side, every believer, the Corinthians as well as believers today, can find reassurance in the promise Paul issues here. Since God does not want his people to sin, he shields them from insurmountable pressure to succumb to its allure. He is aware of whether a person is a sapling or a weathered oak, a novice recruit or a seasoned veteran. God also will clarify the thinking of the humble inquirer about what to do and provide the means to do it.

*Baker, William. 2009. "1 Corinthians." In Cornerstone Biblical Commentary*



## Outline:

1 Corinthians 10:13 (NASB95)

### I. The Nature of Temptation

<sup>13</sup>No temptation has

overtaken you  
but such as is common to man; [human]

### II. The Nature of God

and God is faithful.

God is faithful to A: who will not allow you to be tempted beyond [over, above] what you are able [power, ability],  
L Protect

but with the temptation

B: will provide the way of escape also,  
so that you will be able to endure it.  
L provide

### I. The Nature of Your Temptations

### II. The Nature of Your God

#### A. God is Faithful to Protect

#### B. God is Faithful to Provide

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➤ How would you define temptation based on tonight's teaching from 1 Corinthians 10:13?

➤ What are some common lies that we believe about temptation?

- "There was no way I could resist."



- “No one has ever been able to resist this.”
  - “It’s pointless to even try to fight this temptation. It’s useless. It’s inevitable that I will fall. Why even try?”
  - “Since God is faithful to make a way out of temptation, then I don’t really need to worry about temptations. I don’t need to try to avoid them.”
- Which of these lies have you found yourself believing at times?
    - What are some other ways that we can try to excuse, justify, or blameshift our sin?
  - How can the truth of 1 Corinthians 10:13 challenge common excuses for sin?
  - Paul says that God is faithful and will “not allow us to be tempted beyond what we are able.” How is this both a comforting *and* a convicting truth?
    - If God is faithful, then why do we fall into sin?
    - Is there a difference between *falling* into sin and *running* into sin?
  - Can you share an experience when you felt tempted suddenly and unexpectedly - yet you were able to “endure it”? How did you handle it?
    - What are some common “escape routes” that God provides from temptation?  
How can we make use of them?
      - Are there any specific examples that we see in Scripture?
    - In what practical ways does God often help us to endure temptation?



*Prayer Topics:*

- Pray that ABC would be committed to walking in holiness in fear and trembling - depending upon the Lord for help and protection in temptation.

