



CORNER FRINGE MINISTRIES

FREEDOM IN MESSIAH

Student Guide | Week 1

You Were Named Before Egypt Touched You

THIS WEEK'S ISSUE

Chapter 1 is about this: many of us are living as prisoners of a past that Yeshua already paid to set us free from. We have been given a new name, a new identity, a new covenant — and we are still answering to Pharaoh.

THIS WEEK'S MEMORY ANCHOR

"If anyone is in Messiah, he is a new creation. The old things have passed away — behold, all things have become new."

2 Corinthians 5:17

A THOUGHT TO CARRY INTO THE WEEK

Before Israel left Egypt, ADONAI insisted on naming them — Reuben, Simeon, Levi, Judah. Not workers. Not slaves. Their names. The entire book of Exodus in Hebrew is called Shemot — Names — because the whole story is about a God who never stopped knowing His people by name, even when Pharaoh was doing everything possible to reduce them to a labor force.

You were named before Egypt ever touched you. This week is about remembering that name.

BEFORE YOU BEGIN — A PERSONAL REFLECTION

Take 2 minutes before your group starts. Read the question below and write your honest answer. You will not be required to share this — but you may want to.

WHAT NAME HAVE YOU BEEN ANSWERING TO — AND WHO GAVE IT TO YOU?

BREAKOUT SESSION

Week 1 | You Don't Have to Live in the Shadows

Total time: 60 minutes | No facilitator needed – follow the steps

HOW THIS WORKS

There is no leader in this group — everyone follows the steps together. Each step has a time guide. Stay with the step you are on. If someone in the group needs more time on a particular step, the group can choose to stay — that is the right call. The structure serves the people, not the other way around.

The goal is not to get through all five steps. The goal is that every person in this group leaves having done real work — and none of you leaves alone.

STEP 1 LAND THE TEACHING 8–10 minutes

Someone in the group reads this aloud before anyone responds:

The teaching this week confronted us with a gap — the gap between who God says we are and how we are actually living. Israel had a God-given identity and was living like they had forgotten it entirely. Pharaoh's strategy was not to destroy them outright. It was to exhaust them and redefine them — to keep them so busy carrying bricks that they had no energy left to remember who they were.

Take 2 minutes of silence. Let each person answer this question privately before anyone speaks:

DISCUSS:

Where in your life right now are you carrying bricks that are keeping you too exhausted to remember who God says you are?

MY HONEST ANSWER TO STEP 1:

Now go around the group. Each person shares their answer — as honestly as they are able. No cross-talk while someone is sharing. When everyone has spoken, move to Step 2.

STEP 2 THE ROOT WORK 15–20 minutes

Turn back to Page 1 and look at the Root Question Framework you began filling in. If you have not yet completed it, take 5 minutes now to do so — privately and honestly.

This is individual work first. Do not share yet. Write it down. The act of writing forces honesty in a way that thinking alone does not.

After everyone has had time to write, go around the group. Each person shares what they wrote — as much or as little as they are ready to share. The group listens. No fixing, no advising, no jumping to solutions. Just witness what each person brings.

After everyone has shared, ask this together:

GROUP REFLECTION

What do the lies beneath our behaviors have in common? Is there a pattern in what this group believes about God — or about ourselves — that is keeping us from the freedom Yeshua has already purchased?

STEP 3 GO DEEPER TOGETHER 20–25 minutes

This is the heart of the session. The question below is harder than Step 1. It requires more honesty. Take 2 minutes of silence before anyone speaks — let each person sit with it privately first.

When you are ready, go around the group. Each person responds. The group listens fully before anyone else speaks.

If someone in the group is particularly moved by this question — if the Holy Spirit is clearly doing something — let the group stay with that person. Do not rush past a real moment to stay on schedule. That is what the time margin is for.

DISCUSS:

What is the name — the identity — that you have been living from that God never gave you? Say it out loud. And then say what God actually says about you in its place.

THE NAME I HAVE BEEN LIVING FROM:

WHAT GOD SAYS ABOUT ME INSTEAD:

PREPARE TO SHARE

When you return to the main room, your group may be asked to share. Together, decide on one thing — one insight, one moment, one declaration — that represents what happened in your group today.

Complete this sentence as a group: "This week, our group discovered that _____."

Write it here so you don't lose it:

Our group is taking away:

STEP 5 — CLOSING PRAYER 2–3 MINUTES

Designate one person to open in prayer. Then go around the group — each person prays one sentence if they are willing. No one is required. No one is skipped over without grace.

Suggested focus: Pray the Memory Anchor back to God as a declaration over your own life. Then ask Him to meet the specific thing you named today.

One person closes the prayer when the group is ready.