

To Be Inside Out

Heavenly Octave

Matthew 5:4

From Sunday October 9, 2022

Rewind Group Questions

THE PEOPLE:

How's everybody doing? (Emphasize this part this week!)

- Don't be afraid to share the hard stuff if you want to!
- If you need to spend extra time praying for each other, go for it!

THE BIBLE:

Where do the "blessings" of the Beatitudes come from?

What does it mean to mourn?

- What do you mourn for?
- How do you deal with loss?
 - What are healthy/biblical ways to deal with the emotions that come with mourning/loss?
- What can we learn from the examples of Jesus mourning?

How often do you try to hide your struggles from other people?

- Do you hide behind things like humor, work, or addictions?
- Why do you think it's so hard to be vulnerable?

What is "sin"?

- What is our relationship to sin?
- What are the results of sin?

Do you ever mourn over your sin or the sins of others?

- What should the mourning of sin lead to?

What kind of blessing do you think comes from mourning?

What does it mean to be really comforted?

- Has anyone ever tried to comfort you and you walked away feeling worse than you did before?
- Who is our ultimate form of comfort?

