

Personal Mission Statement

Session II

WHAT IS A PERSONAL MISSION STATEMENT?

- A brief _____ (1 or 2 sentences) of an individual's purpose.
- The "what and why" statement.
- Includes a vision statement.
- A personal constitution that guides our _____, _____, _____, _____, and our _____ towards our values.

WHAT IS A VISION STATEMENT?

- A vision statement identifies the best way to _____.
- A vision statement is the "How" paragraph that _____ the mission statement.
- The mission statement is the first line of a vision statement.

Example:

Using the S.P.R.I.F. model, I am dedicated to living a life in pursuit of truth, beauty, and goodness **for the purpose of living a life worthy of the Lord and pleasing Him in every way.** I will do my best to be my best. I will strive to love God with all my heart, my mind, my soul, and strength, and to love my neighbor as myself. With my time and resources, I will give first to my church, then to individuals in need, then to local ministries, then to causes inside and outside my community. My giving will be no less than equal proportion to my discretionary spending. I will treat my body and mind as holy vessels, avoiding that which is harmful and pursuing that which is beneficial. I will strive to be more intelligent tomorrow than I am today by studying materials from the past as well as the present. In every relationship both locally and globally, I will strive to give more than I take.*

**SPIRITUAL, PHYSICAL, RELATIONAL, INTELLECTUAL, FINANCIAL*

WHY A PERSONAL MISSION STATEMENT IS IMPORTANT:

- Saves time in decision-making.
- It is a _____ when life is an unfamiliar jungle.
- It clarifies who we are.
- It improves our character.
- Communicates to others we are principled.
- It guides _____ worth _____.

FIRST STEP

The first step in writing an effective Personal Mission Statement is to begin with those _____ in life that are the essence of who you want to be.

The Personal Mission Statement gives you permission to say _____ to those things that move you away from your values and your reason for existing.

In your Personal Mission Statement it is critical you attempt to achieve _____.

You need to categorize _____ and _____ foundations. A primary foundation is something that if reduced in importance, the result will be erosion in our lives.

WHAT ARE THE PILLARS OF YOUR LIFE?

- SPRIF (Spiritual, Physical, Relational, Intellectual, Financial)
- Other pillars (Outdoors, Travel, Art, Charity, Family, Professional, etc.)

KEEP IT POSITIVE!

Rather than state what you don't want to be or do, state what you do want to be or do. For example, say "I will strive to be generous" rather than "I will not be selfish"

But don't just state _____; complete the idea with concrete ways to identify success: add the "BY" phrase.

Put a copy of your personal mission statement on/in your...

- Checkbook
- Smartphone
- Calendar
- Computer

Personal Mission Statements are not set in stone; _____.

20-30: IDENTIFYING YOUR CHOICES

- Choose a _____
- Choose a _____
- Choose your _____
- Choose your _____
- Choose your _____
- Buy a home
- Saving/Investing

50-65 REINVENTING IN AN EMPTY NEST

- Service opportunities
- Fill the _____ role
- Improve health and nutrition
- Ramp up _____
- Maintain relationships

30-50 ACHIEVING BALANCE

- Be an excellent _____
- Be an excellent _____
- Improve your professional skills
- Pay off your _____
- Start a _____
- Save for college/retirement

65-? FINISHING WELL

- Simplify
- Forgive those who _____ you
- _____ those who are younger
- Maintain _____
- Commit to being a _____ parent

- Start with this formula:
 - _____ you want to achieve +
 - _____ you want to achieve it +
 - _____ you will achieve it (vision statement)
- Write down your answers in one or two sentences.

- Be brutally honest with yourself.
- Write as many drafts as necessary.

WHY WRITE IT DOWN?

- Forces _____.
- Keeps you _____, especially if friends and family are aware of it.

PERSONAL MISSION STATEMENT WRITING EXERCISE

If someone were to type your name into their _____, what would you want associated with it?

- World's greatest parent
- Hard worker
- History's greatest evangelist
- Radiates love in a hostile world

Why/what is your motivation? Piggy-back off the bullets above:

- To give my children the best chance to succeed in this world and the next
- To earn respect and leave behind no regrets
- To connect business leaders and startups to help grow businesses faster
- To end obesity in America

_____ these phrases using "BY" statements:

- I will give my children the best chance to succeed in this world BY ensuring I stay married to their mother/father.
- I will earn respect and leave behind no regrets BY giving more than I take from every relationship.
- I will connect business leaders and startups to help grow businesses faster BY pursuing the best coding schools in the country, and I will apply to work at the most innovating computer companies.
- I will end obesity in America BY living my own life as an example to others of healthy eating and physical fitness and by communicating my example through workshops, social media, and journalism.

NOW IT'S YOUR TURN...

Take this time and, using what you've learned today, create your own Personal Vision and Mission Statements