

HEALING: BODY SOUL SPIRIT- Cultivating Our Spirit to Thrive

1 Th. 5:23, "Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ."

I. THE SPIRIT IN MAN

Job 12:10 (GOD) In whose hand is the life of every living thing, And the breath of all mankind.

A. ADAM AND CHRIST

Gen. 1:27 "So God created man in His own image; in the image of God He created him; male and female He created them."

1. ADAM BECAME A LIVING SOUL when the breath of God was breathed into him.

Gen. 2:7, "And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being." (SOUL)

- TWO TREES IN THE GARDEN - LIFE OR KNOWLEDGE OF GOOD AND EVIL
- LIFE WAS ALWAYS AVAILABLE FROM THE BEGINNING - Life must be sustained through relationship and intimacy.

*Gen 2:16, "And the LORD God commanded the man, saying, "Of every tree of the garden you may freely eat; **17** but of the tree of the knowledge of good and evil you shall not eat, for **in the day that you eat of it you shall surely die.**"*

- ADAM'S SPIRIT DIED IMMEDIATELY - IT TOOK ALMOST 1,000 YEARS FOR HIS BODY TO DIE. HE LOST THE ABILITY TO WALK IN THE GARDEN WITH GOD. HE LOST HIS INTIMACY. WE CONNECT WITH GOD THROUGH OUR SPIRIT.

2. DEAD IN ADAM - ALIVE IN CHRIST

Romans 5:17 *For if by the one man's offense death reigned through the one, much more those who receive abundance of grace and of the gift of righteousness will reign in life through the One, Jesus Christ.*)

- THE RESURRECTION IS ABOUT LIFE FOR ALL OF US
1 Cor. 15:20, *"But now Christ is risen from the dead, and has become the **firstfruits** of those who have fallen asleep. ²¹ For since by man came death, by Man also came the resurrection of the dead. ²² For as in Adam (HEADSHIP) all die, even so in Christ (NEW HEADSHIP) all shall be made alive.*

3. CHRIST BECAME A LIFE-GIVING SPIRIT

1 Cor. 15:42, *"So also is the resurrection of the dead. The body is sown in corruption, it is raised in incorruption. ⁴³ It is sown in dishonor, it is raised in glory. It is sown in weakness, it is raised in power. ⁴⁴ It is sown a natural body (BODY WITH A SOUL), it is raised a spiritual body (BODY WITH A LIVING SPIRIT).*

*There is a natural body, and there is a spiritual body. And so it is written, "The **first man Adam became a living being (PSYCHE - SOUL).**" The **last Adam became a life-giving spirit (PNEUMA - SPIRIT).***

- OUR SPIRIT IS NOW ALIVE

B. HEALING OUR SPIRIT IS LIFE AND UNION WITH GOD

- The goal of all healing is the restoration of our health and function through an infusion of life.
- Resurrection life is our precedent for all healing.
- Healing for our body soul and spirit is completeness.

II. HOW TO CULTIVATE OUR SPIRIT TO THRIVE

1. RECOGNIZE OUR IDENTITY IS ROOTED IN OUR SPIRIT - His Spirit is always speaking into our spirit.
2. UNDERSTAND HOW THE MYSTERY OF SONSHIP WORKS

Romans 8:15, *“For you did not receive the spirit of bondage again to fear, but received the Spirit of adoption by whom we cry out, “Abba, Father.” The Spirit Himself bears witness with our spirit that we are children of God, ¹⁷ and if children, then heirs—heirs of God and joint heirs with Christ.*

- **MATURE SONS KNOW THEIR IDENTITY AND ARE ABLE TO RULE THEIR SPIRIT**

Prov. 25:28, *“Whoever has no rule over his own spirit is like a city broken down, without walls.*

- **RULING OUR SPIRIT PROVIDES DEFENSE FOR OUR INNER MAN** - Self-control or self-management protects our heart from successful attack
- **SPIRIT OF ADOPTION (CONSTANT AWARENESS OF OUR SONSHIP) CANCELS BONDAGE TO FEAR - PETER’S FAILURE,**
- **RESTORATION AND SPIRIT BAPTISM (Acts 2)**
- **THE HEALING OF OUR SPIRIT IS THE IMPARTATION OF LIFE. IT IS THE GRACE THAT COMES THROUGH FAITH.** Adam’s spirit died, so his life rested in his soul. Christ’s spirit is alive and give’s life to all who believe.

3. CULTIVATE CONDITIONS THAT DEVELOP OUR SPIRIT
LAST WEEK: 1- TONGUES / 2. MEDITATE / 3. REMEMBRANCE

4. DECLARATION / 5. WORSHIP / 6. PRAYER / 7. REPENTANCE
8. RENEWING OUR MIND - HERE’S HOW

Is. 26:9, “With my soul I have desired You in the night, yes, by my spirit within me I will seek You early; for when Your judgments are in the earth, the inhabitants of the world will learn righteousness.

- **MAKE LISTENING A DISCIPLINE** - Ask questions and listen for the answers. **DON’T JUST WONDER - ASK!**
- **STRETCH THE LIMITS OF YOUR SPIRITUAL SENSES** - Growth happens at the edges of what you are comfortable believing.

HEARING, SEEING, TOUCHING, SMELLING (the aroma of Christ),
TASTE (The Lord is good)

ILLUSTRATION - TREASURE HUNTS. PROPHETIC ART. NORA IN
TACOMA

- **EXPLORE THE MORE** - WOULD YOU BE OPEN TO MORE?
PHILLIP, JOHN THE APOSTLE, PAUL TO THE THIRD HEAVEN

*Luke 11:13 If you then, being evil, know how to give **good gifts** to your children, how much more will your heavenly Father give the Holy Spirit to those who ask Him!"*

ILLUSTRATION - CHRIS BLACKABY STEPPING INTO HEAVEN with a square of carpet.

- **TEST THE SPIRITS** - IS THIS FROM THE LORD? (Bad, Good, Best - OR TRUTH, MISTAKE, DECEPTION)

1 John 4:1 Beloved, do not believe every spirit, but test the spirits, whether they are of God; because many false prophets have gone out into **the** world. (IS THIS DECEPTION? FALSE PROPHECY IS NOT ABOUT BEING WRONG-one level- IT'S ABOUT DECEIVING TO SNARE- more dangerous)

- **ABIDE CONTINUALLY** (WE ARE NOT BATTERY OPERATED)
- **CARE ABOUT FRUIT** - It's not about how special we can be, it's about how fruitful we become.
- **NOT ABOUT SOULS SAVED** - or miracles we've seen / performed it is about **EFFECTIVELY SHARING LIFE**
- **FRUIT IS ALWAYS SHARED.** Eating of the tree of life. Sharing it's fruit. Even the leaves are for the healing of nations.

III. VALUE MINISTRY TO THE WHOLE PERSON

SALVATION

HEALING

RESTORATION

TRANSFORMATION

GLORY
