

## HEALING – BODY, SOUL, AND SPIRIT - GOD LOVES TO HEAL

1. God’s nature is to make things good, right, and whole.
2. Receiving healing is our inheritance as his children (Psalm 103:1-5).
3. The foundation for all healing is the cross.
  - Sickness, disease, and death are not part of God’s original creation. They exist because of sin and our fallen world.
  - The cross brings forgiveness, regeneration, adoption into God’s family, healing, wholeness, and abundant life.
  - Jesus took our place to pay our price (Romans 6:23, Isaiah 53:4, 1 Peter 2:24)

## OVERCOMING SICKNESS

1. Sickness is not punishment, but it is sometimes a consequence - lifestyle diseases like diabetes, some heart disease, STDs, etc.
2. God doesn’t make us sick but may allow it to teach us compassion, patience, endurance, courage, determination, etc.
3. Your attitude about sickness will determine how long and how often you get sick.
  - Don’t make room for sickness.
  - Don’t allow your present sickness to set your expectation for your future health.
  - Speak health and life to your body - don’t “accept” sickness.
  - Say “I’m resisting/fighting a cold” instead of “I’m catching a cold.”

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