

HEALING - BODY SOUL SPIRIT 2 – The Human Map

1 Th. 5:23 Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.

I. THE HUMAN MAP -UNDERSTANDING HOW WE ARE MADE

A. OUR BODIES ARE IMPORTANT

1. **BODY - Most sought after technology** in universe. **Capable of hosting the very presence of God.** Capable of **interacting directly with the physical world.** Able to **conceive and create with our imagination** things that do not exist. Has the **gift of life** to conceive and give birth to another living soul.
2. **THE BODY IS SO VALUABLE** that Jesus resurrected His body

OUR BODIES MATTER. JESUS ASCENDED TO HEAVEN IN A BODY. HE'LL COME BACK IN A BODY. OUR BODIES WILL BE GLORIFIED. THE BODY IS AS VITAL TO OUR HUMANITY AS OUR SOUL.

3. **CONCENTRIC CIRCLES** don't begin to explain being human. Overlapping circles help us understand the idea of two realms. But the truth is that, like the trinity, **we are all three at once** because we are created in His image.

ILLUSTRATION - We are like a **stack of pancakes (Body)** slathered with maple **syrup (Soul)** and topped with melting **butter (Spirit)**- a delicious combination of flavors that blend until you can't separate them. Syrup is too sweet. Who eats a cube of butter by itself? Pancakes alone are pretty boring. **Put it all together and you've got something special.**

4. **The body is presently like an embryo** (*In development*). It is like a **tent** we live in while our home is being built. We will have a glorious body capable of things we can't imagine now.

Walking through walls. Appearing and disappearing and reappearing somewhere else. Phillip did it. Paul went to heaven " in

his body or out of it," take your pick, they're both weird.

2 Cor. 5:1 For we know that if our earthly house, this tent, is destroyed, we have a building from God, a house not made with hands, eternal in the heavens. ² For in this we groan, earnestly desiring to be clothed with our habitation which is from heaven, ³ if indeed, having been clothed, we shall not be found naked. ⁴ For we who are in this tent groan, being burdened, not because we want to be unclothed, but further clothed, that mortality may be swallowed up by life. ⁵ Now He who has prepared us for this very thing is God, who also has given us the Spirit as a guarantee.

II. HEALING THE HUMAN BODY - Our bodies are worth healing. Salvation is not only for our souls, it is for our bodies, too.

A. DIVINE HEALTH - DID JESUS EVER GET SICK? HE GOT TIRED, BUT I DON'T THINK HE EVER GOT SICK. SIN HAD NO DOMINION OVER HIM

1. OUR MEMBERS - OUR PHYSIOLOGY - Body parts and systems (Circulation, nerves, respiration, skeletal, muscular and digestion)

1 Cor. 6:18 Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against (Damages) his own body.

2. SIN AFFECTS OUR MEMBERS - Sin doesn't make us sick, but sickness exists as a by-product of sin in the world

Rom. 6:5 For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection, ⁶ knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin. ⁷ For he who has died has been freed from sin. ⁸ Now if we died with Christ, we believe that we shall also live with Him, ⁹ knowing that Christ, having been raised from the dead, dies no more. Death no longer has dominion over Him. ¹⁰ For the death that He died, He died to sin once for all; but the life that He lives, He lives to God. ¹¹ Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ

Jesus our Lord. (TWO RECORDS - OUR MEMORY OF PAST SIN AND JESUS' SACRIFICE FOR ALL SIN)

Rom. 6:12 Therefore **DO NOT LET sin reign in your mortal body**, that you should obey it in its lusts (STRONG DESIRES). ¹³ And **do not present your members** as instruments of unrighteousness to sin, but **present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God.** ¹⁴ For **sin shall not have dominion over you**, for you are not under law but **under grace (DECREE)**.

3. BREAKING FREE FROM THE DOMINION OF SIN

- THE POWER OF THE CROSS IS TO HEAL AND DELIVER

1 Pet. 2:24 who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.

- OUR FUTURE HOPE

Phil. 3:17 Brethren, join in following my example, and note those who so walk, as you have us for a pattern. ¹⁸ For many walk, of whom I have told you often, and now tell you even weeping, that they are the enemies of the cross of Christ: ¹⁹ whose end is destruction, whose god is their belly, and whose glory is in their shame—who set their mind on earthly things. ²⁰ For our citizenship is in heaven, from which we also eagerly wait for the Savior, the Lord Jesus Christ, ²¹ who will transform our lowly body that it may be conformed to His glorious body, according to the working by which He is able even to subdue all things to Himself.

- OVERCOMING OUR PRESENT DILEMMA THROUGH THE HOLY SPIRIT

Choices snare us because of the reality of consequence. Our decisions will lead us to bondage or to deliverance. CHOOSE THE SPIRIT

Rom. 7:24 O wretched man that I am! Who will deliver me from

*this body of death? ²⁵ I thank God—through Jesus Christ our Lord! So then, with the mind I myself serve the law of God, but with the flesh the law of sin. **Rom. 8:1** There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.*

B. HEALING AT THE GENETIC LEVEL - OUR DNA - INTERSECTION OF PHYSICAL AND SPIRITUAL

*2 Cor. 7:5 For indeed, when we came to Macedonia, our bodies had no rest, but we were troubled on every side. **Outside were conflicts, inside were fears. (TRAUMA)***

- 1. TRAUMA - IS IMPRINTED ON OUR DNA. THAT SHOWS US THAT EMOTIONAL PAIN AND ANGUISH DOES AFFECT US PHYSICALLY.**
- 2. STRESS AFFECTS OUR HEALTH - CORTISOL**
- 3. SLEEP DEPRIVATION IS HORRIBLE FOR YOUR HEALTH - Mental health issues, sickness, increased risk of heart disease, fatigue, the list goes on.**

C. BECOMING FURTHER CLOTHED - THE GLORY

Romans 8:22** For we know that the whole creation groans and labors with birth pangs together until now. ²³ Not only that, but we also who have the firstfruits of the Spirit, even we ourselves groan within ourselves, eagerly waiting for the adoption, **the redemption of our body.

III. COMPLETE RESTORATION AND HEALING

***Luke 8:34** When those who fed them saw what had happened, they fled and told it in the city and in the country. ³⁵ Then they went out to see what had happened, and came to Jesus, and found the man from whom the demons had departed, **sitting at the feet of Jesus, clothed and in his right mind.** And they were afraid. ³⁶ They also who had seen it told them by what means he who had been demon-possessed was healed. ³⁷ Then the whole multitude of the*

surrounding region of the Gadarenes asked Him to depart from them, for they were seized with great fear. And He got into the boat and returned.

**Demoniac of the Gadarenes- found in his right mind - healed-
restored-delivered.** It's all the same because we desperately need a touch from God that goes beyond physical healing, or inner healing or even deliverance. **We need healing that restores dignity, purpose, strength and life because we are the children of God.**
