

Regular Sunday Service Times: 8:40, 9:50, and 11 AM

- **Watch Online:** at laurelridgechurch.org/watch
- **Nursery/Preschool:** At all service times
- **Kids Church (K-6th) Services:** At all service times
- **THE RIDGE (MS and HS) (7-8th grades, 9-12th grades) Community Group:** Now at all service times.
- **Wednesdays, Kids and Preteen Adventure**
(K-4th grades, 5-6th grades) 6:15-8:00 PM
- **Wednesdays, THE RIDGE (MS and HS)**
(7-8th grades, 9-12th grades) 6:15-8:00 PM
- **Tuesdays: Celebrate Recovery:** 6:00 PM, Oakley Campus
- **Thursdays Prayer Team:** 5:30 PM, Room 104
- **Thursdays, Grief Share:** 7:00 PM, Room 301

For other opportunities and Community Group info, visit laurelridgechurch.org

Oakley Campus Planner	
<p>8/31: Fall Community Group Registration Begins</p> <p>9/1: Labor Day, Office Closed</p> <p>9/7: Baptism Sunday, 11am</p> <p>*9/7: Base Camp Starts, 9:30am, Rm 301</p> <p>*9/7-11/9: Fall Community Groups</p> <p>9/8: Mommy Meet-up, 9-11:30am, Gym</p> <p>*9/14: Secret Sister's Luncheon, 1pm, Gym</p> <p>9/30: Worship Night, 7pm</p> <p>10/4: Men's Breakfast, 8-9:45am, Gym</p> <p>10/8: K-3rd Parent/Child Game night, 6:15-8pm, Gym</p> <p>10/24: Harvest Carnival, 6-8:30pm</p> <p>*11/2: Growth Pathway-9-10:45 am, Rm 301 1st Base, Connect with Jesus and the Church</p>	<p>*11/9: Growth Pathway- 9-10:45 am. Rm 301 2nd Base, Developing Daily Habits with Jesus</p> <p>*Register at laurelridgechurch.org/register</p>
Laurel Ridge Church: Seek God. Build Community. Unleash Compassion.	



HABITS THAT LEAD TO HAPPINESS
How to Develop Daily
Habits for Happiness, Part 2
August 31, 2025

Philippians 3:12-14

1. EVERY DAY, **RELAX** IN GOD'S GRACE.

Philippians 3:3 - ...We rely on what Christ Jesus has done for us. We put no confidence in human effort, (NLT)

- (Literally) We “boast in Christ Jesus” because of what He has already done.
- THE TRAP OF **LEGALISM**

Philippians 3:2-6, 9

2. EVERY DAY, **REMEMBER** WHAT MATTERS MOST.

Philippians 3:7 - I once thought these things were valuable, but now I consider them worthless because of what Christ has done.

- THE TRAP OF **POPULAR CULTURE**

1 John 2:16

Philippians 3:8-9a

- “**garbage**” = Greek word: **σκύβαλον** (skubalon) – *Excrement or manure, refuse, rotten or decaying food...*

3. EVERY DAY, GET TO **KNOW** JESUS BETTER.

Philippians 3:10 - I want to know Christ and experience the mighty power that raised him from the dead...

- “**know**” = Greek word: **γινώσκω** (ginōskō) – *To know through personal experience, to intimately understand, to recognize, perceive, or come to know fully*

- Formula: (Consistency + Faithfulness) x Time = Lasting Impact

- THE TRAP OF **BUSYNESS**

Psalm 46:10

4. _____ WHERE I NEED TO GROW!

- THE TRAP OF _____

Philippians 3:12 - I don't mean to say that I have already achieved these things or that I have already reached perfection. But I **press on** to possess that perfection for which Christ Jesus first possessed me. (NLT)

- “**press on**” = Greek word: διώκω (diōkō) – lit.: *to pursue, chase, or run after*; fig.: *to strive, press on, or seek diligently*.

Psalm 139: 23-24 - **Search me**, O God, and know my heart; **test me** and know my anxious thoughts.²⁴ **Point out anything** in me that offends you, and **lead me** along the path of everlasting life. (NLT)

Philippians 3:12-13 - “I don't mean to say I am perfect. I haven't learned all I should even yet, but I **keep working toward that day when I will finally be** all that Christ saved me for and wants me to be...¹³ ... I am still not all I should be...” (TLB)

2 Corinthians 13:5 - **Test yourselves** to make sure you are solid in the faith. Don't drift along taking everything for granted. **Give yourselves regular checkups**. ... **Test it out**. If you fail the test, do something about it. (MSG)

5. _____ WHAT CAN'T BE CHANGED AND
_____ ON THE FUTURE!

Philippians 3:13-14 - I focus on this one thing: **Forgetting the past** and looking forward to what lies ahead,¹⁴ I **press on** to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us. (NLT)

- THE TRAP OF _____

2 Corinthians 7:10 - Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death." (NIV)

- THE TRAP OF _____
- THE TRAP OF _____

Isaiah 43:18-19 - Forget the former things; do not dwell on the past. ¹⁹ See, I am doing a new thing! ... (NIV)

PRACTICAL APPLICATIONS:

- ➡ **Over the next 30 days, build all five of these habits into your life.**
- ➡ **Attend Growth Pathway—especially 2nd Base—for practical tools and equipping in these spiritual habits, and more.**
laurelridgechurch.org/growth-pathway
- ➡ **Attend Celebrate Recovery to find healing and to move past your hurts, habits, and hangups.**
laurelridgechurch.org/cr

Free Wi-Fi: LRCC-GuestWifi Password: lrccguest

Five Easy Ways to Give:

1. In Person: Place your offering in an offering box at either exit.
2. Our App: Search for "Laurel Ridge Community Church" on iOS and Android.
3. Online: laurelridgechurch.org/give
4. Bill Pay: Setup LRCC on your bank's Bill Pay. Your name is your account number.
5. Mail a check to the church: 2459 Laurel Road, Oakley, CA 94561

Questions? Call 925-625-9500