

**Regular Sunday Service Times:** 8:40, 9:50, and 11 AM

- **Watch Online:** at [laurelridgechurch.org/watch](http://laurelridgechurch.org/watch)
- **Nursery/Preschool:** At all service times
- **Kids Church (K-6th) Services:** At all service times
- **THE RIDGE (MS and HS) (7-8th grades, 9-12th grades) Community Group:** Now at all service times.
- **Wednesdays, Kids and Preteen Adventure**  
(K-4<sup>th</sup> grades, 5-6<sup>th</sup> grades) 6:15-8:00 PM
- **Wednesdays, THE RIDGE (MS and HS)**  
(7-8<sup>th</sup> grades, 9-12<sup>th</sup> grades) 6:15-8:00 PM
- **Tuesdays: Celebrate Recovery:** 6:00 PM, Oakley Campus
- **Thursdays Prayer Team:** 5:30 PM, Room 104
- **Thursdays, Grief Share:** 7:00 PM, Room 301

For other opportunities and Community Group info, visit [laurelridgechurch.org](http://laurelridgechurch.org)

| Oakley Campus Planner  |  |
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| <p><b>8/17:</b> Fall Community Group Registration Begins</p> <p><b>*8/17:</b> Growth Pathway- 9-10:45 am, Rm 301<br/>3<sup>rd</sup> Base, Living Faithfully for Jesus</p> <p><b>8/19:</b> SALT 60+, Ice Cream Social, 12:30pm<br/>(Optional BYO Lunch &amp; Drink at 12noon)</p> <p><b>*8/20:</b> Ridge Kids Adventure, 6:15-8pm, K-4<sup>th</sup> Grade</p> <p><b>*8/20:</b> Pre-Teen Adventure, 6:15-8pm, 5<sup>th</sup> &amp; 6<sup>th</sup> Grade</p> <p><b>8/20:</b> Welcome Wednesday, 6:15-8pm, 7-12<sup>th</sup> Grade</p> <p><b>8/24:</b> Child/Teen Baptism Class, 12:10pm, Rm 301</p> <p><b>*8/24:</b> Growth Pathway- 9-10:45 am, Rm 301<br/>Home Base, Sharing Jesus with confidence</p> <p><b>9/1:</b> Labor Day, Office Closed</p> <p><b>9/7:</b> Baptism Sunday, 11am</p> <p><b>*9/7:</b> Base Camp Starts, 9:30am, Rm 301</p> | <p><b>*9/7-11/9:</b> Fall Community Groups</p> <p><b>9/8:</b> Mommy Meet-up, 9-11:30am, Gym</p> <p><b>*9/14:</b> Secret Sister's Luncheon, 1pm, Gym</p> <p><b>9/30:</b> Worship Night, 7pm</p> <p><b>10/4:</b> Men's Breakfast, 8-9:45am, Gym</p> <p><b>10/8:</b> K-3<sup>rd</sup> Parent/Child Game night, 6:15-8pm</p> <p><b>10/24:</b> Harvest Carnival, 6-8:30pm</p> <p><small>*Register at <a href="http://laurelridgechurch.org/register">laurelridgechurch.org/register</a></small></p> |
| Laurel Ridge Church: Seek God. Build Community. Unleash Compassion.  |  |



HABITS THAT LEAD TO HAPPINESS  
How Happiness is Learned  
August 17, 2025

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*Philippians 2:19-30* - I hope in the Lord Jesus to send **Timothy** to you soon, **that I also may be cheered** when I receive news about you. <sup>20</sup> **I have no one else like him**, who **takes a genuine interest** in your welfare. <sup>21</sup> For everyone looks out for his own interests, not those of Jesus Christ. <sup>22</sup> But you know that Timothy **has proved himself**, because as a son with his father he has served with me in the work of the gospel. <sup>23</sup> I hope, therefore, to send him as soon as I see how things go with me. <sup>24</sup> And I am confident in the Lord that I myself will come soon. <sup>25</sup> But I think it is necessary to send back to you **Epaphroditus, my brother, fellow worker** and fellow soldier, who is also your messenger, whom you sent to take care of my needs. <sup>26</sup> For he **longs for all of you and is distressed** because you heard he was ill. <sup>27</sup> **Indeed he was ill, and almost died**. But God had mercy on him, and not on him only but also on me, to spare me sorrow upon sorrow. <sup>28</sup> **Therefore** I am all the more eager to send him, so that when you see him again **you may be glad and I may have less anxiety**. <sup>29</sup> **Welcome him** in the Lord **with great joy, and honor men like him**, <sup>30</sup> because he almost died for the work of Christ, **risking his life** to make up for the help you could not give me.

- PAUL ENDORSED TWO MEN AS ROLE MODELS

Timothy: "I have no one else **like him!**" vs. 20

Epaphroditus: "Welcome him... HONOR men **like him**" vs. 29

- PAUL SAID SENDING THESE MEN WOULD BRING HAPPINESS!

I'm sending (these men)...

"so that I may be CHEERED" vs. 19

"so that you may be GLAD" vs. 28

"so that I may have less ANXIETY" vs. 28b

"it will make me happy and lighten my cares" (LB)

## TO BE HAPPY:

### 1. I SHIFT THE FOCUS AWAY FROM \_\_\_\_\_.

Philippians 2:20-21 - "I have no one else like him, who takes a genuine interest in your welfare."<sup>21</sup> For everyone else looks out for his own interests..."

### 2. I BECOME SOMEONE THAT PEOPLE \_\_\_\_\_.

*Philippians 2:22* - "Timothy has proved himself, because as a son with his father, he has served with me in the work of the gospel."

*Philippians 2:22* - "...you know what kind of person Timothy proved to be."  
(GW)

- \_\_\_\_\_ with integrity.

*Proverbs 25:13* - "Reliable friends who do what they say are like cool drinks in sweltering heat—refreshing!" (MSG)

- \_\_\_\_\_ my promises.

Psalm 15:4 "They always do what they promise, no matter how much it may cost." (TEV)

### 3. I LIVE FOR SOMETHING \_\_\_\_\_ DYING FOR.

*Philippians 2:27, 30* - “Indeed he was very ill, and he almost died...<sup>30</sup> he RISKED HIS LIFE for the work of Christ, and he was at the point of death while trying to do for me the things you couldn't do because you were far away!” (NLT)

*Mark 8:35* - “Only those who give away their lives for my sake and for the sake of the Good News will ever know what it means to really live.” (LB)

Free Wi-Fi: LRCC-GuestWifi    Password: lrccguest

#### **Five Easy Ways to Give:**

1. In Person: Place your offering in an offering box at either exit.
2. Our App: Search for “Laurel Ridge Community Church” on iOS and Android.
3. Online: [laurelridgechurch.org/give](http://laurelridgechurch.org/give)
4. Bill Pay: Setup LRCC on your bank's Bill Pay. Your name is your account number.
5. Mail a check to the church: 2459 Laurel Road, Oakley, CA 94561

**Questions? Call 925-625-9500**