

Oakley Campus | Week at a Glance | 10/1-10/7

Sunday Service Times: 8:40, 9:50, and 11:00 AM
or online at laurelridge.online.church

Sundays, Nursery/Preschool: 8:40, 9:50, and 11:00 AM

Sundays, Kids (K-6th) Services: 8:40, 9:50, and 11:00 AM
Streaming online at 9:50 AM: "Ridge Kids" on YouTube

THE RIDGE Community Group: 9:50 and 11am
(7-8th grades, 9-12th grades)

Tuesdays, Celebrate Recovery: 6 PM, Oakley Campus

NO Wednesdays, Kids (K-4th) and Preteen (5th-6th) Adventure
6:15-8 PM

NO Wednesdays, THE RIDGE (MS and HS): 6:15-8 PM
(7-8th grades, 9-12th grades)

Thursdays, Prayer Team: 5:30 PM, Conference Room

Thursdays, Grief Share: 7 PM Room 301

**For all Nursery-12th Grade programs, contact brandon@laurelridgechurch.org

Bethel Island Campus | Week at a Glance

Sunday Service Times: 11:00 AM

Wednesday Bible Study: 7 PM, Fellowship Hall

For other opportunities and Community Group info, visit laurelridgechurch.org

*Register at laurelridgechurch.org/register

Oakley Campus Planner

10/4, 11, 18, 25: NO Wednesday Evening
Program K-12

10/8: No Sunday Morning Community Group Gr 7-12

10/8: Operation Christmas Child Boxes available

10/16: Mommy Meet Up, 9-11:30am, Gym

10/17: Boomers John Muir House, 9:15am

***10/21:** Women's Breakfast, 10am, Gym

10/26: Harvest Carnival Setup day, 6pm

10/27: Children's Harvest Carnival, 6-8:30pm

***11/5:** Next Steps Begins, 9:30am, Rm 301

11/5: Angel Tree

***11/5:** Children's Baptism Class, 12:10pm,
Room 301

11/12: Return OCC Shoeboxes

11/11: Veterans Day

***11/16:** Grief Share Surviving the Holidays
Seminar, 7pm, 301

***11/17-18:** Lock-In, Gr 7-12, 7pm-7am

11/19: Baptism Sunday, 11am

***2/23-25/2024:** Winter Camp, Gr 7-12

***3/22-25/2024:** Mission Trip, Gr 7-12

***6/23-28/2024:** Summer Camp, Gr 2-6

***7/8-13/2024:** Summer Camp, Gr 7-12



WOUNDED
By Thoughts Part 2
October 1, 2023

THOUGHTS = FEELINGS = ACTIONS

Romans 7:15 - I do not understand what I do. For what I want to do I do not do, but what I hate I do.

Romans 7:21-23 - So I find this law at work: When I want to do good, evil is right there with me. ²² For in my inner being I delight in God's law; ²³ but I see another law at work in the members of my body, waging war against the law of my **mind** and making me a prisoner of the law of sin at work within my members.

SEVEN WEAPONS OF DESTRUCTION:

1. **Shame**
2. **Uncontrollable Thoughts**
3. **Inner Desires**
4. **Fear**
5. **Hopelessness**
6. **Bitterness**
7. **Insecurity**

Romans 7:24 - What a **wretched** man I am! **Who** will rescue me from this body of death?
²⁵ Thanks be to God – through Jesus Christ our Lord! So then, I myself in my **mind** am a slave to God's law, but in the sinful nature a slave to the law of sin.

Habits That Change Your Thoughts:

1. I must **think** daily on what Jesus did for me.

Romans 8:1

- His righteousness is imputed to you, so our shame is removed by Jesus.

2. I must ask the Holy Spirit to change my thoughts.

Romans 8:5

- The principle of replacement.

3. I must _____ that I have a new POWER to say, “ No.”

Galatians 5:16 - So I say, live by the Spirit, and you will not gratify the desires of the sinful nature.

Romans 8:9-12 - You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, he does not belong to Christ. ¹⁰ But if Christ is in you, your body is dead because of sin, yet your spirit is alive because of righteousness. ¹¹ And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you. ¹² Therefore, brothers, we have an obligation – but it is not to the sinful nature, to live according to it.

- Behind every self-defeating thought in my life is a lie that I

_____.

4. I must _____ my thoughts toward God whenever I'm afraid.

Romans 8:14 - because those who are led by the **Spirit of God** are sons of God. ¹⁵ For you did **not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship.** And by him we cry, "**Abba**, Father." ¹⁶ The Spirit himself testifies with our spirit that we are God's children.

Colossians 1:15-18 - He is the image of the invisible God, the firstborn over all creation. ¹⁶ For by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him. ¹⁷ He is before all things, and in him all things hold together. ¹⁸ And he is the head of the body, the church; he is the beginning and the firstborn from among the dead, so that in everything he might have the supremacy.

2 Timothy 1:7 - For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.

Romans 8:17 - Now if we are children, then we are heirs – heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

5. I must _____ myself that God is good and in control.

Roman 8:19-25

Pain in life is _____ optional, but misery _____.

Romans 8:26-32 - In the same way, **the Spirit helps us in our weakness**. We do not know what we ought to pray for, but **the Spirit himself** intercedes for us with groans that words cannot express.²⁷ And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will.²⁸ And we know that in all things God works for the good of those who love him, who have been called according to his purpose. . . .³¹ What, then, shall we say in response to this? If God is for us, who can be against us? ³² He who did not spare his own Son, but gave him up for us all – how will he not also, along with him, **graciously give us all things?**

6. I must _____ that God will never stop loving me.

Romans 8:38-39 - For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers,³⁹ neither height nor depth, nor anything else in all creation, **will be able to separate us from the love of God that is in Christ Jesus our Lord.**

How to feed the dog: Prayer, Bible reading, corporate, worship and serving Jesus.

Wi-Fi password: lrccquest

Five Easy Ways to Give:

1. In Person: Place your offering in an offering box at either exit.
2. Our App: Search for "Laurel Ridge Community Church" on iOS and Android.
3. Online: laurelridgechurch.org/give
4. Bill Pay: Setup LRCC on your bank's Bill Pay.
5. Mail a check to the church: 2459 Laurel Road, Oakley, CA 94561

Questions? Call 925-625-9500