

RAISING KIDS IN THE 21ST CENTURY

Kids in the Digital World, Part 1

6-19-22

The negative effects of technology on children:

- **Physically.** Increase in obesity, insomnia, depression, and eyesight issues.
- **Character.** An increase in behavioral problems.
- **Relationships.** A decrease in social skills learned through face-to-face relationships.

1. The pace of technology has surpassed our capacity to develop enough wisdom to handle it. So, there's a sense of being overwhelmed. How do we handle the new apps that our kids are going to install on their phone next week? The truth is, we don't even know how to handle the current technology our family is using on their phones and tablets today.

2. _____ parents should ask about technology:

- A. Has this technology brought our family closer together, or pushed us apart?
- B. How does this game/phone/computer/tablet benefit our family?
- C. Can our children disengage easily from this device?
- D. Has this device changed our children's behavior, personality, or mood in any way?
- E. Has your child lost interest in any other activities or relationships since we introduced it?
- F. Does our child view usage of this device as a privilege, or a right?
- G. How would our family change if we took away this device altogether?

3. God's goal for parents:

- _____ are the parents. Not church, school, government or anything else!
- Parents, **you** have to **prepare** your kids to _____ and _____ their dependence away from you and onto God.

Deuteronomy 6:1-7 - These are the commands, decrees and laws the Lord your God directed me to teach you to observe in the land that you are crossing the Jordan to possess, ² so **that you**, your **children** and **their children** after them may **fear the Lord your God** as long as you live by keeping all his decrees and commands that I give you, and so that you may enjoy long life. ³ Hear, O Israel, and be careful to obey so that it may go well with you and that you may increase greatly in a land flowing with milk and honey, just as the Lord, the God of your fathers, promised you. ⁴ Hear, O Israel: The Lord our God, the Lord is one. ⁵ Love the Lord your God with **all** your heart and with all your soul and with all your strength. ⁶ These commandments that I give you today are to be upon your hearts. ⁷ Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.

- How do we transfer their dependence from us to God?

1. _____ loving God.
2. _____ involvement in church life.

Joshua 24:15 - But if serving the Lord seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your forefathers served beyond the River, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the Lord."