

HOW TO...

Overcome Insecurities in Your Life

6-5-22

2 Corinthians 10:3-4 - For though we live in the world, we do not wage war as the world does.

⁴ The weapons we fight with are not the weapons of the world. On the contrary, they **have divine power to demolish strongholds.**

Strongholds : to fortify, a strong castle, a **prisoner** locked by **deception.**

• A _____ believed as truth will affect you as if it were _____.

Exodus 4:10 -Moses said to the LORD, "O Lord, I have never been eloquent, neither in the **past** nor since you have spoken to your servant. I am **slow of speech and tongue.**"

The lie: Your worth is based on

- What people _____ about you.
- Your past _____.

Exodus 4:11-13 - The LORD said to him, "Who gave man his mouth? Who makes him deaf or mute? Who gives him sight or makes him blind? Is it not I, the LORD? ¹² Now go; I will help you speak and will teach you what to say." ¹³ But Moses said, "O Lord, **please send someone else to do it.**"

• **You are not who others say you are, and you are not the sum total of your past experiences. You are who God says you are.**

2 Corinthians 5:17-18 - Therefore, if anyone is in Christ, he is a new creation ; the **old has gone**, the new has come! ¹⁸ All this is from God...

God says...

1) You are _____ by Christ.

1 Peter 5:10- In his **kindness** God **called you** to his eternal glory by means of Jesus Christ.
NLT

1 Peter 2:9- ...you are a **chosen people**...his very own possession. This is so you can show others the goodness of God, for he **called you** out of the **darkness** into his wonderful **light**.
NLT

2) You are _____ through Christ.

Philippians 4:13- I can do **everything through (Christ)** who gives me strength.

Romans 8:37- ...we are more than **conquerors through (Christ)** who loved us.

2 Corinthians 3:4-5- Such confidence as this is ours **through Christ** before God. ⁵ Not that we are competent in ourselves...but our competence comes **from God**.

3) YOU ARE _____ IN CHRIST.

2 Peter 1:3 - His divine power has given us **everything we need** ...

Colossians 2:9- For **in Christ** the fullness of God lives in a human body, 10 and you are **complete** through your **union with Christ**... NLT

Questions to think about this week:

- **In what area of your life do you struggle with the lie, “I’m not good enough?”**

Examples could include struggling with feelings of inadequacy as a parent, spouse, friend, or employee. Others struggle spiritually believing they’re not good enough for God. Be open and honest.

- **We examined some truths: In Christ, you are called, capable, and complete. Which truth speaks to you the most and why?**