

OUR FATHER: WORDS YOU THOUGHT YOU KNEW EVERYDAY TEMPTATION

5-31-20

Big idea: The Lord's prayer is not something that you just pray: it's a prayer that you actually live.

Matthew 6:9-13 - "This, then, is how you should pray: "'Our Father in heaven, hallowed be your name, ¹⁰ your kingdom come, your will be done on earth as it is in heaven. ¹¹ Give us today our daily bread. ¹² Forgive us our debts, as we also have forgiven our debtors. ¹³ **And lead us not into temptation, but deliver us from the evil one.'**

1 Corinthians 10:13 - You are tempted in the same way that everyone else is tempted. But God can be trusted not to let you be tempted too much, and he will show you how to escape from your temptations. CEV

James 1:13-15 - When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; ¹⁴ but each one is tempted when, by his own evil desire, he is dragged away and enticed. ¹⁵ Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

HOW TEMPTATION FLOWS:

STEP 1. It starts with your emotions and feelings.

(_____)

James 1:14 - ... but each one is tempted when, by his own evil **desire**...

STEP 2. **It gets your attention in your mind and you think "oh, I..."** (_____)

James 1:14 - ... he is dragged away and **enticed**.

STEP 3. **Now, you start to make plans to make it happen.**
(_____)

James 1:15 - Then, after desire has **conceived**....

STEP 4. **The act has occurred.** (_____)

James 1:15 - ... it gives birth to sin; and sin, when it is full grown, **gives birth** to death.

STEP 5. **The act has happened. What looked so good and rewarding ends in death.**

James 1:15 - gives birth to death.

HOW TO PROTECT YOURSELF:

1. I manage my _____ and _____.

Proverbs 4:23 - "Be careful how you think, your life is shaped by your thoughts." (NCV)

Proverbs 23:19 - "Keep your mind on what is right."

2 Timothy 2:22 - "**Turn your back** on lustful thoughts and **give your positive attention** to goodness, integrity, love and peace." (Ph)

The key is not resisting: The key is replacing and refocusing.

2. I make a commitment to _____ standard.

Psalm 119:9 - "How can [anyone] keep his way pure? By living according to Your Word."

- **Am I more committed to what I believe God says will meet my needs or am I more committed to what I think will meet my own needs?**

THE PATH BACK TO PURITY

1. **REPENT** (*Psalm 51:1-10*) EVERYDAY FORGIVENESS
5/17/20

2. **RECEIVE** FORGIVENESS (*Psalm 32:1-5*) EVERYDAY
FORGIVENESS 5/17/20

3. **REFOCUS** & **REPLACE** (*Romans 13:13-14*) EVERYDAY
DEPENDENCE 5/3/20

4. **REQUEST** HELP DAILY (*1 Corinthians 10:13*) EVERYDAY
WORSHIP 4/19/20

1 Corinthians 10:13 - "Remember that the temptations that come into your life are no different from what others experience. And God is faithful... When you are tempted, **he will show you a way out** so that you will not give in to it."

Next Steps:

1. Commit your life to Christ.
2. Practice everyday temptation.
3. Plan on joining us next week online. (Everyday Fulfillment)
4. Download the Beyond Sunday “Devotion.”