

Oakley Campus | Week at a Glance | 10/29-11/4

Sunday Service Times: 8:40, 9:50, and 11:00 AM
or online at laurelridge.online.church

Sundays, Nursery/Preschool: 8:40, 9:50, and 11:00 AM

Sundays, Kids (K-6th) Services: 8:40, 9:50, and 11:00 AM
Streaming online at 9:50 AM: "Ridge Kids" on YouTube

THE RIDGE Community Group: 9:50 and 11am
(7-8th grades, 9-12th grades)

Tuesdays, Celebrate Recovery: 6 PM, Oakley Campus

Wednesdays, Kids (K-4th) and Preteen (5th-6th) Adventure
6:15-8 PM

Wednesdays, THE RIDGE (MS and HS): 6:15-8 PM
(7-8th grades, 9-12th grades)

Thursdays, Prayer Team: 5:30 PM, Conference Room

Thursdays, Grief Share: 7 PM Room 301

**For all Nursery-12th Grade programs, contact brandon@laurelridgechurch.org

Bethel Island Campus | Week at a Glance

Sunday Service Times: 11:00 AM

Wednesday Bible Study: 7 PM, Fellowship Hall

For other opportunities and Community Group info, visit laurelridgechurch.org

*Register at laurelridgechurch.org/register

Oakley Campus Planner

*11/5: Next Steps Begins, 9:30am, Rm 301

11/5: Angel Tree Tags Available

*11/5: Children's Baptism Class, 12:10pm,
Room 301

11/5: Daylight Savings Ends

11/11: Veterans Day

11/12: Return OCC Shoeboxes (Prepaid)

11/12: Fall Community Groups End

11/13: Mommy Meet up, 9-11:30am, Gym

11/14: Boomers Thanksgiving, 11:30am, Gym

*11/16: Grief Share Surviving the Holidays
Seminar, 7pm, 301

*11/17-18: Lock-In, Gr 7-12, 7pm-7am

11/19: Baptism Sunday, 11am

11/22: No Wednesday Evening Program K-12

11/26: No 7-8 & 9-12 Gr Sunday Community
Groups

11/26: Angel Tree gifts due in the lobby

12/24: Christmas Eve Services, 8:40am,
9:50am, 11am & 1:30pm

*2/23-25/2024: Winter Camp, Gr 7-12

*3/22-25/2024: Mission Trip, Gr 7-12

*6/23-28/2024: Summer Camp, Gr 2-6

*7/8-13/2024: Summer Camp, Gr 7-12



DISTORTED
Truth: God Won't Give You More Than You
Can Handle
October 29, 2023

dis' tōrtid

adjective

- Pulled or twisted out of shape; contorted.
- Giving a misleading or false account or impression; misrepresented.

"his report gives a distorted view of the meeting"

Big Idea: The longer we look at distorted truth as truth, the more likely we will _____ it as a truth.

1. *There's an invisible world that impacts our visible world every single day.*
2. *The Bible says there is a distorter of truth. He distorts the truth just enough to get us in trouble, but not enough to scare us away.*
John 8:38

Spiritual phrases we say:

- *Everything happens for a reason.*
- *God helps those who help themselves.*

We need to examine these sayings in light of Scripture. Here's why this is important:

1. These statements lead people to conclusions about God and some of those conclusions are just not _____.

2. We may be unintentionally _____ people or pushing them away from God when we use these sayings.

➤ Why Do We Say It?

I think we say it as sort of a spiritual – pep talk.

- *“You got this!” “Hang in there!” “Don’t give up!” “God won’t give you more than you can handle.”*

➤ Why Does It Sound Biblical?

1 Corinthians 10:13 - No temptation has seized you except what is common to man. And **God is faithful**; he will not let you be **tempted** beyond what you can bear. But when you are **tempted**, he will also provide a way out so that you can stand up under it.

tempted: *by which we are enticed to sin, or to a lapse from faith and holiness.*

Thayer’s Greek Lexicon

➤ The Danger

1 – It tells us lies about _____.

2 – It tells us lies about _____.

3 – It tells us lies about how to _____.

- We self-medicate.
- We isolate.
- We become workaholics.
- We start to abuse substances.

➤ The Truth

- Sometimes you will face _____ than you can handle.

John 16:33 - "I have told you these things, so that **in me** you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

YOU...ARE...NOT..._____!

- It means when hard times come, it's all right to _____, *"I can't handle this by myself. I need help."*
- It means it's all right to _____ on God and other Christ-followers to get you through whatever you're going through.
- And it means we don't have to be superheroes because we have a _____ who reigns supreme.

The saying is not true, but the truth we have is even better: God will help you handle _____ you've had to live through.

When we face lives heartaches, we need to:

1. Depend on _____.

Psalms 46:1 - God is our refuge and strength, an ever-present help in trouble.

1 Peter 5:7 - Cast all your anxiety on him because he cares for you.

2. Depend on God _____ others.

Galatians 6:2-5 - Carry each other's **burdens**, and in this way you will fulfill the law of Christ. ³ If anyone thinks he is something when he is nothing, he deceives himself. ⁴ Each one should test his own actions. Then he can take pride in himself, without comparing himself to somebody else, ⁵ for each one should carry **his own load**.

- The word **burdens** means: **Boulder**
- The word **load** means: **A knapsack**

Wi-Fi password: lrccquest

Five Easy Ways to Give:

1. In Person: Place your offering in an offering box at either exit.
2. Our App: Search for "Laurel Ridge Community Church" on iOS and Android.
3. Online: laurelridgechurch.org/give
4. Bill Pay: Setup LRCC on your bank's Bill Pay.
5. Mail a check to the church: 2459 Laurel Road, Oakley, CA 94561

Questions? Call 925-625-9500