

Oakley Campus | Week at a Glance | 3/5-3-11

Sunday Service Times: 8:40, 9:50, and 11:00 AM
or online at laurelridge.online.church

Sundays, Nursery/Preschool: 8:40, 9:50, and 11:00 AM

Sundays, Kids (K-6th) Services: 8:40, 9:50, and 11:00 AM
Streaming online at 9:50 AM: "Ridge Kids" on YouTube

THE RIDGE Community Group: 9:50 AM
(7-8th grades, 9-12th grades)

Tuesdays, Celebrate Recovery: 6 PM, Oakley Campus

Wednesdays, Kids (K-4th) and Preteen (5th-6th) Adventure
6:15-8 PM

Wednesdays, THE RIDGE (MS and HS): 6:15-8 PM
(7-8th grades, 9-12th grades)

Thursdays, Prayer Team: 5:30 PM, Conference Room

**For all Nursery-12th Grade programs, contact brandon@laurelridgechurch.org

Bethel Island Campus | Week at a Glance

Sunday Service Times: 11:00 AM

Wednesdays, Bible Study: 7 PM, Fellowship Hall

For other opportunities and Community Group info, visit laurelridgechurch.org

*Register at laurelridgechurch.org/register

Oakley Campus Planner

* VBS Workers Registration Starts

3/5: Baptism Sunday, 11am

* 3/5: Base Camp Starts

3/12: Daylight Savings Begins (spring forward)

3/13: Mommy Meet Up, 9-11:30am, Gym

3/21: Boomers Lunch and Movie, 11:30, Gym

3/22, 29: NO Wednesday Evening Programs, K-12

3/26: NO The Ridge Community Group Gr 7-12

* 3/31: Spring Camp, Gr 7-12, \$75 Deposit Due

4/2, 9 & 16: No The Ridge Community Group Gr 7-12

4/9: Easter Sunday, 8:40, 9:50 and 11 am

*4/14-16: Spring Camp, Gr 7-12, \$170

* 4/23: In House VBS Sign ups begin

* 4/30: Children's Baptism Class

*5/7: Next Steps Experience Begins

* 5/21 Baptism Sunday

* 5/21: Secret Sister's Luncheon, 1pm, gym

* 6/12-6/16: VBS

* 7/2-7: Kid's Sugar Pine Camp, Gr 3-6, \$560, \$100 deposits past due. Spots available on first come, first serve basis

* 7/10-15: Centrifuge Summer Camp, Gr 7-12, \$399, \$100 deposits past due. Spots available on first come, first serve basis

Laurel Ridge Church: Seek God. Build Community. Unleash Compassion.



LIVING FOR GOD IN OUR WORLD -
How to Overcome Wounds from Life
1 Peter 4:1-11
March 05, 2023

FOUR KEYS TO HEALING HIDDEN WOUNDS

I. _____ **THE OFFENDER.**

1 Peter 4:1 - Therefore, since **Christ suffered** in his body, arm yourselves also **with the same attitude**, because he who has suffered in his body is done with sin.

Luke 23:34 - Jesus said, "Father, forgive them, for they do not know what they are doing."

THEN WHY SHOULD WE FORGIVE THOSE PEOPLE WHO HURT US?

1. BECAUSE GOD'S _____ **FORGIVING YOU.**

2. YOU'RE GOING TO NEED FORGIVENESS IN THE _____.

3. YOU'RE NEVER GOING TO STOP HURTING UNTIL YOU _____
TO FORGIVE.

Hebrews 12:15 - "Watch out that no bitterness takes root among you, for as it springs up it causes deep trouble, hurting many in their spiritual lives."

II. _____ **ON GOD.**

1 Peter 4:2 - So that he can no longer spend the rest of his natural life living by [his] human appetites and desires, **but [he lives] for what God wills.** AMP

1 Peter 2:23- "When Jesus suffered, he did not threaten to get even; he left his case in the hands of God who always judges fairly."

Psalms 56:8- You know how troubled I am; you have kept a record of my tears.

Romans 15:13- "May the God of **hope** fill you with all **joy** and **peace** as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

III. _____ **THE FUTURE.**

Job 11:13, 15, 16- "Put your **heart right, reach out to God**...¹⁵ then face the world again, **firm** and courageous. ¹⁶ **Then all your troubles will fade from your memory**, like floods that are past and remembered no more."(GN)

Psalms 34:17- The righteous **cry out**, and the LORD hears them; he delivers them from all their troubles.

THE KEY TO FORGETTING IS REFOCUSING.

Don't mask your pain with a "quick fix".

1 Peter 4:3- "In the past you wasted too much time doing what nonbelievers enjoy; sexual sins, evil desires, drunkenness, wild and drunken parties..."

There are three problems with the pain killers that the world offers.

- 1. They don't** _____.
- 2. They can become** _____.
- 3. They never solve the** _____.

IV. _____ **A SUPPORT GROUP.**

Genesis 2:18- The LORD God said, "It is not good for the man to be alone.

James 5:16 - Therefore confess your sins to **each other and pray for each other so that** you may be healed. The prayer of a righteous man is powerful and effective.

1 Peter 4:8-9 - "Above all, love each other deeply, because love covers over a multitude of sins. ⁹ Offer hospitality to one another..."

Ecclesiastes 4:9 - "Two people are better than one... If one falls down, the other can help him up."

Hebrews 10:25 - "You should not stay away from your church meetings, **(instead)** meet together and **encourage each other.**"

1 Peter 4:10 - "God has given **each of you** special abilities; be sure to use them to help each other, passing on to others God's ... blessings."

Matthew. 11:28 - Jesus: "Come to me if you are weary and overburdened and I will give you rest."

Contribution Statements Available
laurelridgechurch.org/giving-statement

Wi-Fi password: lrccguest

Five Easy Ways to Give:

1. In Person: Place your offering in an offering box at either exit.
2. Our App: Search for "Laurel Ridge Community Church" on iOS and Android.
3. Online: laurelridgechurch.org/give
4. Bill Pay: Setup LRCC on your bank's Bill Pay.
5. Mail a check to the church: 2459 Laurel Road, Oakley, CA 94561

Questions? Call 925-625-9500