

Oakley Campus | Week at a Glance | July 14-July 20

Sunday Service Times: 8:40, 9:50, and 11:00 AM

- **Watch Online:** at laurelridge.online.church
- **Nursery/Preschool:** At all service times
- **Kids Church (K-6th) Services:** At all service times
Watch online at 9:50 AM: “Ridge Kids” on YouTube
- **THE RIDGE (MS & HS) Community Group:**
Now at all service times.

Tuesdays, Celebrate Recovery: 6:00 PM, Oakley Campus

Thursdays, Prayer Team: 5:30 PM, Conference Room

For all Nursery-12th Grade programs, contact brandon@laurelridgechurch.org

Bethel Island Campus | Week at a Glance

Sunday Service Times: 11:00 AM

Wednesday Bible Study: 7:00 PM, Fellowship Hall

For other opportunities and Community Group info, visit laurelridgechurch.org

Oakley Campus Planner

7/15: Mommy Meet up, 9-11:30am, Gym
7/16: Boomers (60+) Nacho Bar, 11:30am, N Gym
7/17: Parent/Child Game Night, Gr K-3, 6:15-8pm, Gym
7/20: Stephanie Pitman Memorial, 11am, LRCC
7/24: Summer Game Night, Gr 4-7, 6:15-8pm, Gym
7/25: High School Night, 6:15-8pm, Gym
*8/4: Next Steps Begin, 9:30am, Rm301
8/10: Grief Share Loss of a Spouse Seminar, 10am-12N, Rm 301
8/11: Promotion Sunday, K-12
*8/14: Ridge Kids & Preteen Adventure Starts
8/15-11/7: Grief Share, 7-8:30pm, Rm 301

*8/25: Child-Teen Baptism Class, 12:20pm, Rm 301
*9/1: Base Camp, 9:30am, Rm 301
9/2: Office Closed for Labor Day
9/8: Baptism, 11am
*9/15: Secret Sister's Lunch, 1pm, Gym
*9/28: Men's Breakfast, 8-9:45am, Gym

*Register at laurelridgechurch.org/register

Laurel Ridge Church: Seek God. Build Community. Unleash Compassion.



Dating, Marriage, and Life
Warning – You Might be Fighting Dirty
July 14, 2024

Big Idea: To have emotionally healthy relationships, eliminate “dirty fighting” tactics and fight cleanly for the sake of the relationship.

Matthew 22:36-39 - "Teacher, which is the greatest commandment in the Law?"³⁷ Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.'³⁸ This is the first and greatest commandment.³⁹ And the second is like it: 'Love your neighbor as yourself.'

John 13:34-35 - "A new command I give you: Love one another. As I have loved you, so you must love one another.³⁵ By this all men will know that you are my disciples, if you love one another."

How you RESPOND to conflict is what can take unresolved tension and grow it into a maturing relationship.

Response #1 - _____

Jeremiah 6:14 - "They have healed the brokenness of My people superficially, Saying, 'Peace, peace,' But there is no peace." - NAS

Matthew 5:9 - "Blessed are the peacemakers, for they will be called children of God."

Mark 2:10-12 - "...so that you may know that the Son of Man has authority on earth to forgive sins'—he said to the paralytic—¹¹ 'I say to you, stand up, take your mat and go to your home.'¹² And he stood up, and immediately took the mat and went out before all of them."

Matthew 16:22-23 - Peter took him aside and began to rebuke him. "Never, Lord!" he said. "This shall never happen to you!"²³ Jesus turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; you do not have in mind the things of God, but the things of men."

Response #2 - _____

A. _____

B. Sarcasm

C. _____

D. Walking Away

E. _____

F. _____ “Always” or “Never”

Response #3 - _____

- Healthy couples fight for resolution, unhealthy couples fight for victory.

Definition:

- A clean fight is a negotiation between two people to _____ a conflict for the advancement of their relationship.

Matthew 19:4-5 - "Haven't you read," he replied, "that at the beginning the Creator 'made them male and female,'⁵ and said, 'For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh'?"

Goal:

- The goal to have in conflict: You want to have greater unity in a relationship and further the mission to benefit the family/relationship.

Romans 12:17-18 - Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everybody.¹⁸ If it is possible, as far as it depends on you, live at peace with everyone.

So, what does it look like to fight cleanly?

1. _____ (*Asking the Holy Spirit for wisdom, discernment, and direction*)

2. Assume the _____

✓ **Your spouse or friend is NOT your enemy**

Ephesians 6:10-12 - Finally, be strong in the Lord and in his mighty power. ¹¹ **Put on the full armor of God** so that you can **take your stand** against the **devil's schemes**. ¹² For our **struggle is not against flesh and blood**, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

3. Talk to _____ other _____ about each other.

Matthew 18:15 - "If your brother sins against you, go and show him his fault, just between the two of you.

4. _____ speaks

- **Should it be said?**
- **Should it be said now?**

Dating, Marriage and Life: Warning - Your Schedule Could be Harming You!

Proverbs 21:23 - Watch your tongue and keep your mouth shut, and you will stay out of trouble.
NLT

5. Argue like you're _____, listen like you're _____

James 1:19 - "Everyone should be quick to listen, slow to speak and slow to become angry..."

6. Commit to _____ and _____

- **Don't fight to win the argument. Fight to win the relationship.**

Wi-Fi password: lrccquest

Five Easy Ways to Give:

1. In Person: Place your offering in an offering box at either exit.
2. Our App: Search for "Laurel Ridge Community Church" on iOS and Android.
3. Online: laurelridgechurch.org/give
4. Bill Pay: Setup LRCC on your bank's Bill Pay. Your name is your account number
5. Mail a check to the church: 2459 Laurel Road, Oakley, CA 94561

Questions? Call 925-625-9500