

# HABITS THAT LEAD TO HAPPINESS

## How to Reduce Conflict that Leads to Unhappiness

### *Philippians 2:1-11*

7-5-20

*Proverbs 13:10* - Pride always leads to arguments.

*Philippians 2:1-11*

Vs. 1-2      Happiness comes from harmony

Vs. 3-5      Harmony comes from humility

Vs. 6-11     Jesus modeled both

### Harmony Creates Happiness

*Philippians 2:2* - then make my joy complete by being like minded, having the same love, being one in spirit and purpose.

### How to Reduce Conflict with Others

1. \_\_\_\_\_ is never a good guide.

*Philippians 2:3* - Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves.

- Selfish ambition: it's all about \_\_\_\_\_ needs and \_\_\_\_\_ wants.

*James 3:16* - Wherever there's jealousy or **selfish ambition**, you will find **confusion** and **every other kind of evil**.

- **Vain conceit**: \_\_\_\_\_ right and \_\_\_\_\_ wrong.

*Philippians 2:3* - Don't do anything from selfish ambition or from a cheap desire to boast... GNT

*Galatians 5:19-21* - But when you follow your own wrong inclinations, your lives will produce these evil results: impure thoughts, eagerness for lustful pleasure, <sup>20</sup> idolatry, spiritism (that is, encouraging the activity of demons), hatred and fighting, jealousy and anger, constant effort to get the best for yourself, complaints and criticisms, the feeling that everyone else is wrong except those in your own little group- and there will be wrong doctrine, <sup>21</sup> envy, murder, drunkenness, wild parties, and all that sort of thing. TLB

2. Learn the habit of \_\_\_\_\_ like Jesus.

*Philippians 2:5* - Your attitude should be the same as that of Christ Jesus...

### **Acting like Jesus means...**

- I don't demand what I think I \_\_\_\_\_.

*Philippians 2:6* - Who, being in very nature God, did not consider **equality with God** something to be grasped...

- I look for ways that I can \_\_\_\_\_.

*Philippians 2:7* - ...but made himself nothing, taking the very **nature of a servant**, being made in human likeness.

- Do what's right even when it's \_\_\_\_\_.

*Philippians 2:8* - And being found in appearance as a man, he humbled himself and became obedient to death — **even death on a cross!**

## The Reward

*Philippians 2:9-11* - Therefore God exalted him to the highest place and gave him the name that is above every name, <sup>10</sup> that at the name of Jesus **every knee should bow**, in heaven and on earth and under the earth, <sup>11</sup> and **every tongue** confess that Jesus Christ is Lord, to the **glory of God the Father**.

Next Steps:

1. Download Going Deeper.
2. Invite Jesus to be your Lord.