

# Oakley Campus | Week at a Glance | Sep 7-Sep 13

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**Regular Sunday Service Times:** 8:40, 9:50, and 11 AM

- **Watch Online:** at [laurelridgechurch.org/watch](http://laurelridgechurch.org/watch)
- **Nursery/Preschool:** At all service times
- **Kids Church (K-6th) Services:** At all service times
- **THE RIDGE (MS and HS) (7-8th grades, 9-12th grades) Community Group:** Now at all service times.
- **Wednesdays, Kids and Preteen Adventure**  
(K-4<sup>th</sup> grades, 5-6<sup>th</sup> grades) 6:15-8:00 PM
- **Wednesdays, THE RIDGE (MS and HS)**  
(7-8<sup>th</sup> grades, 9-12<sup>th</sup> grades) 6:15-8:00 PM
- **Tuesdays: Celebrate Recovery:** 6:00 PM, Oakley Campus
- **Thursdays Prayer Team:** 5:30 PM, Room 104
- **Thursdays, Grief Share:** 7:00 PM, Room 301

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For other opportunities and Community Group info, visit [laurelridgechurch.org](http://laurelridgechurch.org)

## Oakley Campus Planner

<b>9/7:</b> Fall Community Groups Begin
<b>9/7:</b> Baptism Sunday, 11am
<b>*9/7:</b> Base Camp Starts, 9:30am, Rm 301
<b>9/8:</b> Mommy Meet-up, 9-11:30am, Gym
<b>*9/14:</b> Secret Sister's Luncheon, 1pm, Gym
<b>9/16:</b> SALT 60+, Picnic, 11:30am, Brentwood
<b>9/30:</b> Worship Night, 7pm
<b>10/4:</b> Men's Breakfast, 8-9:45am, Gym
<b>10/8:</b> K-3 <sup>rd</sup> Parent/Child Game night, 6:15-8pm, Gym
<b>10/24:</b> Harvest Carnival, 6-8:30pm
<b>11/2:</b> Child/Teen Baptism Class, 12:10pm, Rm 301
<b>*11/2:</b> Growth Pathway-9-10:45 am, Rm 301 1 <sup>st</sup> Base, Connect with Jesus and the Church

<b>*11/9:</b> Growth Pathway- 9-10:45 am. Rm 301 2 <sup>nd</sup> Base, Developing Daily Habits with Jesus
<b>11/16:</b> Baptism Sunday, 11am
<b>*11/16:</b> Growth Pathway- 9-10:45 am. Rm 301 3 <sup>rd</sup> Base, Living Faithfully for Jesus
<b>*11/23:</b> Growth Pathway- 9-10:45 am. Rm 301 Home Base, Sharing Jesus with confidence

\*Register at [laurelridgechurch.org/register](http://laurelridgechurch.org/register)



HABITS THAT LEAD TO HAPPINESS  
How to Live Stress-Free  
September 7, 2025

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*Philippians 4:7 - If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus. TLB*

- **With every promise there's a premise.**

1. **MAKE A \_\_\_\_\_ DECISION  
TO WORRY ABOUT ANYTHING.**

*Philippians 4:6 - Do not be anxious about anything,...*

- **JESUS SAID THAT WORRY IS \_\_\_\_\_**

*Matthew 6:25 - "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes?*

- **JESUS SAID THAT WORRY IS \_\_\_\_\_**

*Matthew 6:26 - Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?*

*Matthew 6:28-29 - "And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin.<sup>29</sup> Yet I tell you that not even Solomon in all his splendor was dressed like one of these.*

- JESUS SAID THAT WORRY IS \_\_\_\_\_

*Matthew 6:27* - Who of you by worrying can add a single hour to his life?

- JESUS SAID THAT WORRY IS \_\_\_\_\_

*Matthew 6:30* - If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith?

*1 Peter 5:7* - "Unload all your worries on God since He is looking after you!" (JB)

2. MAKE A \_\_\_\_\_ DECISION  
TO \_\_\_\_\_ ABOUT EVERYTHING!

*Philippians 4:6* - Never worry about anything. Instead in every situation let God know what you need in your prayers and requests... (GW)

*James 4:2* - You do not have, because you do not ask God.

3. MAKE A \_\_\_\_\_ DECISION  
TO THANK GOD \_\_\_\_\_ THINGS!

*Philippians 4:6* - ...When you ask God for what you need also thank him for all he's done." (NLT)

*Philippians 4:6* - ...always ask with a thankful heart. (TEV)

*1 Thessalonians 5:18* - "In everything give thanks, for THIS is the will of God in Christ Jesus for you!"

4. MAKE A \_\_\_\_\_ DECISION  
TO \_\_\_\_\_ ABOUT  
GOOD THINGS

*Philippians 4:8* - Fill your minds with those things that are true and good and right. Think about things that are pure and beautiful and respected. If anything is excellent or if anything is worthy of honor, think about those things. (NCV/NAS)

5. **MAKE A \_\_\_\_\_ DECISION  
TO BE \_\_\_\_\_ !**

**Contentment is enjoying what I have right now rather than waiting for something else to happen in order for me to be happy.**

*Philippians 4:11-12* - I am not saying this because I am in need, for I have learned to be content whatever the circumstances.<sup>12</sup> I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

- Stop comparing
- Stop thinking that having more is better
- Start learning to admire without having to acquire

*Ecclesiastes 4:6* - It's better to only have a little with peace of mind, than to be busy all the time with both hands, trying to catch the wind.(TEV)

## **HOW?**

*Philippians 4:13* - I have the strength to face anything and everything by the power that Christ gives me.

## **NEXT STEPS:**

- Spend 15 minutes a day with the Lord.
- Accept Jesus.

Free Wi-Fi: LRCC-GuestWifi      Password: lrccguest

### **Five Easy Ways to Give:**

1. In Person: Place your offering in an offering box at either exit.
2. Our App: Search for "Laurel Ridge Community Church" on iOS and Android.
3. Online: [laurelridgechurch.org/give](http://laurelridgechurch.org/give)
4. Bill Pay: Setup LRCC on your bank's Bill Pay. Your name is your account number.
5. Mail a check to the church: 2459 Laurel Road, Oakley, CA 94561

**Questions? Call 925-625-9500**