

Finding Freedom

Finding Freedom Through Actions

2-24-19

John 10:10 - The thief comes only to steal and kill and destroy; I have come that they may **have life, and have it to the full.**

Psalms 147:3 - He heals the brokenhearted and binds up their wounds.

Actions to take to receive God's healing:

1. Release those who have _____.

Romans 12:20 - On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head."

1 Peter 2:23 - When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly.

A. _____ been forgiven by God.

B. You're going to need more forgiveness in the _____.

C. Unforgiveness _____ work.

Hebrews 12:15 - "...a **bitter spirit** is not only bad in itself but can also **poison the lives of many others.**" (Ph)

- Whatever you resent, you eventually begin to resemble.

2. Receive support from your _____.

James 5:16 - Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.

Ecclesiastes 4:12 - Though one may be overpowered, **two can defend themselves**. A cord of **three strands is not quickly broken**.

1 Thessalonians 5:11 - Therefore **encourage** one another and **build each other up**, just as in fact you are doing.

1 Peter 3:8 - Finally, all of you, live in harmony with one another; be sympathetic, love as brothers, be compassionate and humble.

3. Reach out to _____.

2 Corinthians 1:3-4 - Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, ⁴ who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.

Galatians 6:1-2 - Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted.

² **Carry each other's burdens**, and in this way you will fulfill the law of Christ.

Romans 8:28 - And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

2 Corinthians 5:17 - Therefore, if anyone is in Christ, he is a **new creation**; the old has gone, the new has come!

Next Steps:

- Commit to a Bible reading plan
- Commit to reading the “I am” cards
- Commit to attending the next three weeks