

How to Choose Better Over Busy FAQ

9-5-21

1. _____ *THAT KEEP US BUSY*

➤ *“There’s just not enough time to do everything.”*

Circle One:   

➤ *“It’s just a busy season I’m in right now.”*

Circle One:   

➤ *“But, this is really important.”*

Circle One:   

Luke 10:38-42 - As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. ³⁹ She had a sister called Mary, who sat at the Lord's feet listening to what he said. ⁴⁰ But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" ⁴¹ "Martha, Martha," the Lord answered, "you are worried and upset about many things, ⁴² but only one thing is needed. Mary has chosen what is **better**, and it will not be taken away from her."

One was busy, one chose better.

2. _____ **OF BUSYNESS**

A. **It begins with** _____ **intentions.**

Luke 10:38 - As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him...40 But Martha was distracted by all the preparations that had to be made.

B. **It** _____ **to distractions.**

When you're derailed by distractions, distractions can appear as priorities and priorities can seem like distractions.

C. **Then pressure and pity** _____.

*Luke 10:40 - But Martha was distracted by all the preparations that had to be made. She came to him and asked, "**Lord, don't you care** that my sister has left me to do the work by myself?"*

D. **Then it** _____ **to resentment.**

Luke 10:40 - ...Tell her to help me!"

3. **WE HAVE TO LONG TO HEAR THESE WORDS...**

*Luke 10:42 - ... **Mary has chosen what is better**, and it will not be taken away from her."*

While Martha worked, Mary worshipped. She chose better. While Martha was distracted, Mary was focused. Mary chose better. While Martha felt pressure, Mary felt peace because she chose better. While Martha was filled with resentment, Mary was filled with enjoyment because Mary chose better.

John 11:32 - When Mary reached the place where Jesus was and saw him, she fell at his feet and said, "Lord, if you had been here, my brother would not have died."

John 12:3 - Then Mary took about a pint of pure nard, an expensive perfume; she poured it on Jesus' feet and wiped his feet with her hair.

4. *ACTIONS TO TAKE:*

A. You confess the _____.

B. You _____ the distraction.

C. You choose what is better.

5. *TO DO THIS. I'VE GOT TO ANSWER...*

A. What's my standard for what is better? _____

B. Am I making my choices by that standard? _____

C. What do I need to choose to say, "No" to today? This week? This month? This year? (The more specific the better)

Verses for additional study:

Job 14:5; Psalm 39:4; Psalm 127:2; Proverbs 21:5; Ecclesiastes 4:6; Isaiah 40:28-31; Matthew 11:28-30; Galatians 1:10; Ephesians 5:15; Philippians 3:8; 1 Thessalonians 2:4.

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FAQ



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