

# HABITS THAT LEAD TO HAPPINESS

## How to Keep Happiness in Your Heart

### *Philippians 2:12-18*

7-12-20

*Philippians 2:12-18*- Therefore, my dear friends, as you have always obeyed – not only in my presence, but now much more in my absence – continue to work out your salvation with fear and trembling, <sup>13</sup> for it is God who works in you to will and to act according to his good purpose. <sup>14</sup> Do everything without complaining or arguing, <sup>15</sup> so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe <sup>16</sup> as you hold out the word of life – in order that I may boast on the day of Christ that I did not run or labor for nothing. <sup>17</sup> But even if I am being poured out like a drink offering on the sacrifice and service coming from your faith, I am glad and rejoice with all of you. <sup>18</sup> So you too should be glad and rejoice with me.

*Philippians 2:12-13*- continue to work out your salvation with fear and trembling, <sup>13</sup> for it is God who works in you to will and to act according to his good purpose.

Ephesians 2:8 - For it is by grace you have been saved, through faith – and this not from yourselves, it is the gift of God– <sup>9</sup> not by works, so that no one can boast.

### Three habits to a happy heart:

1. I remind myself to \_\_\_\_\_ God's word!

*Philippians 2:16*- as you hold out the word of life – in order that I may boast on the day of Christ that I did not run or labor for nothing.

*Psalm 119:16* - "Your principles make me HAPPY, so **I NEVER FORGET** your Word." (GW)

*Psalm 119:35* - "Lead me in the path of your commands, because that is where **my happiness is found.**" (NLT)

2. I remind myself that I \_\_\_\_\_ God by serving others!

*Philippians 2:17-18* - But even if I am being **poured out like a drink offering on the sacrifice** and service coming from your faith, I am **glad and rejoice** with all of you. <sup>18</sup> So you too should be **glad and rejoice** with me.

3. I remind myself that God is \_\_\_\_\_ me, \_\_\_\_\_ me, & \_\_\_\_\_ me!

*Philippians 2:13* - for it is God who works in you to will and to act according to his good purpose.

*John 14:18, 20* - Jesus: "I will not leave you as orphans; **I will be WITH YOU...**  
<sup>20</sup> and you will realize that...**you are in me,** and **I am in you!**"

*Romans 8:31* - "If God is **FOR US,** who can defeat us?" (NCV)

*Acts 4:12* - "Salvation can only be found in Jesus alone; in all the world there is no one else whom God has given who can save us." (TEV)

Next steps:

1. Going Deeper Beyond Sunday Devotional

2. Trusting Jesus to be your Lord.