

Oakley Campus | Week at a Glance | 6/11-6/17

Sunday Service Times: 8:40, 9:50, and 11:00 AM
or online at laurelridge.online.church

Sundays, Nursery/Preschool: 8:40, 9:50, and 11:00 AM

Sundays, Kids (K-6th) Services: 8:40, 9:50, and 11:00 AM
Streaming online at 9:50 AM: "Ridge Kids" on YouTube

Tuesdays, Celebrate Recovery: 6 PM, Oakley Campus

Thursdays, Prayer Team: 5:30 PM, Conference Room

**For all Nursery-12th Grade programs, contact brandon@laurelridgechurch.org

Bethel Island Campus | Week at a Glance

Sunday Service Times: 11:00 AM
Wednesdays, Bible Study: 7 PM, Fellowship Hall

For other opportunities and Community Group info, visit laurelridgechurch.org

*Register at laurelridgechurch.org/register

Oakley Campus Planner

*6/11, 18, 25, and 7/2: Student Next Steps, 9:50am, Room 301

* 6/12-6/16: VBS

6/14: Summer Camp Meetings, 1pm or 6:15pm

6/18: Father's Day

6/20: Boomers Lunch Benicia, 9:15am

6/21: Summer Fun Game Night: Giants Nights, Gr 4-7, 5-8pm

*6/25-8/27: Summer Community Groups

6/28: "Medieval (K) nights", Gr 8-12, 6-8pm

7/4: Office closed Independence Day

7/10: Mommy Meet Up, 9-11:30am, Gym

7/19: Summer Fun Game Nights: Movie Night, Gr 4-7, 5-8pm

*7/19: K-3rd Gr with Parent Scavenger Hunt, 5-8pm

7/26: High School Night: Giant Game, Gr 8-12, 6-8pm

8/2: Summer Fun Game Nights: Unbirthday Party, Gr 4-7, 5-8pm

*8/6: Next Steps, 9:30, Rm 301

8/6: Promotion Sunday, K-12 Gr

*8/9: Ridge and Preteen Adventure Starts, K-4Gr, 5 & 6 Gr, 6:15-8pm

8/9: Welcome Wednesday, Gr 7-8, Gr 9-12, 6:15-8pm

*8/12: Grief Share Loss of a Spouse Seminar, 10 am

*9/3: Base Camp Starts, 9:30am, Room 204

*9/10: Children Baptism Class, 12:10pm, Room 301

9/24: Baptism Sunday, 11am

Laurel Ridge Church: Seek God. Build Community. Unleash Compassion.



MIND WARS
Coaching Your Mind
June 11, 2023

2 Corinthians 10:3-5 - For though we live in the world, we do not **wage war** as the world does. ⁴ The weapons we fight with are not the weapons of the world. On the contrary, they have **divine power to demolish strongholds**. ⁵ We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take **captive every thought** to make it **obedient** to Christ.

What is a stronghold? Fortified Prison

Big Idea: Your life is always moving in the _____
of your strongest thoughts.

Proverbs 23:7 - For as he thinks within himself, so he is. NASU

AUDIT YOUR THOUGHTS

Worried	1	2	3	4	5	6	7	8	9	10	Peaceful
Negative	1	2	3	4	5	6	7	8	9	10	Positive
Worldly	1	2	3	4	5	6	7	8	9	10	Eternal

- *What comes into your mind comes out in your life.*

1) Identify the number one _____
(stronghold) that is _____ you
back.

- *The more you think a thought, the _____ it is to think that thought again.*

Romans 12:2- Do not conform to the pattern of this world, but be transformed by the **renewing of your mind.**

- 2) Name the _____ that demolishes that stronghold.

2 Corinthians 10:3-5 - For though we live in the world, we do not wage war as the world does. ⁴ The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to **demolish strongholds.** ⁵ We demolish arguments and every pretension that sets itself up **against the knowledge of God,** and **we take captive every thought to make it obedient to Christ.**

Ephesians 6:10- Finally, be strong in the Lord and in his mighty power. ¹¹ Put on the full armor of God so that you can take your stand against the devil's schemes. . . ¹³ Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. ¹⁴ Stand firm then, with the **belt of truth** buckled around your waist, with the breastplate of righteousness in place, ¹⁵ and with your **feet fitted with the readiness** that comes from the gospel of peace. ¹⁶ In addition to all this, take up the **shield of faith,** with which you can extinguish all the flaming arrows of the evil one. ¹⁷ Take the **helmet of salvation** and the **sword of the Spirit,** **which is the word of God.**

2 Peter 1:3- **His divine power** has given us **everything we need** for a godly life . . .

John 8:32- Then you will know the truth, and the truth will set you free."

Next Step:

1. Identify the number one stronghold.
2. Name a truth to demolish the stronghold and memorize that truth.
3. See you next week

Wi-Fi password: lrccquest

Five Easy Ways to Give:

1. In Person: Place your offering in an offering box at either exit.
2. Our App: Search for "Laurel Ridge Community Church" on iOS and Android.
3. Online: laurelridgechurch.org/give
4. Bill Pay: Setup LRCC on your bank's Bill Pay.
5. Mail a check to the church: 2459 Laurel Road, Oakley, CA 94561

Questions? Call 925-625-9500