

Oakley Campus | Week at a Glance | 6/25-7/1

Sunday Service Times: 8:40, 9:50, and 11:00 AM
or online at laurelridge.online.church

Sundays, Nursery/Preschool: 8:40, 9:50, and 11:00 AM

Sundays, Kids (K-6th) Services: 8:40, 9:50, and 11:00 AM
Streaming online at 9:50 AM: "Ridge Kids" on YouTube

Tuesdays, Celebrate Recovery: 6 PM, Oakley Campus

Thursdays, Prayer Team: 5:30 PM, Conference Room

**For all Nursery-12th Grade programs, contact brandon@laurelridgechurch.org

Bethel Island Campus | Week at a Glance

Sunday Service Times: 11:00 AM
Wednesdays, Bible Study: 7 PM, Fellowship Hall

For other opportunities and Community Group info, visit laurelridgechurch.org

*Register at laurelridgechurch.org/register

Oakley Campus Planner

*6/25-8/27: Summer Community Groups

6/28: "Medieval (K) nights", Gr 8-12, 6-8pm

7/4: Office closed Independence Day

7/10: Mommy Meet Up, 9-11:30am, Gym

7/18: Boomer's Nacho Bar, 11:30am

7/19: Summer Fun Game Nights: Movie Night, Gr 4-7, 5-8 pm

*7/19: K-3rd Gr with Parent Scavenger Hunt, 5-8pm

7/26: High School Night: Giant Game, Gr 8-12, 6-8pm

8/2: Summer Fun Game Nights: Unbirthday Party, Gr 4-7, 5-8pm

*8/6: Next Steps Begins, 9:30, Rm 301

8/6: Promotion Sunday, K-12 Gr

*8/9: Ridge Kids and Preteen Adventure Starts, K-4Gr, 5 & 6 Gr, 6:15-8pm

8/9: Welcome Wednesday, Gr 7-8, Gr 9-12, 6:15-8pm

*8/12: Grief Share Loss of a Spouse Seminar, 10 am

8/17-11/9: Grief Share, 7-8:30 pm, Room 301

*9/3: Base Camp Starts, 9:30am, Room 204

9/4: Office Closed Labor Day

*9/10: Children Baptism Class, 12:10pm, Room 301

*9/10: Secret Sisters Luncheon, 1pm, Gym

9/10-11/12: Fall Community Groups

9/24: Baptism Sunday, 11am



MIND WARS
Prayer Transforms Your Mind
June 25, 2023

Week 1:

- *Your thinking shapes your feelings and actions and therefore your life.*
- *The more you think a thought, the easier it is to think that thought again.*
- *What is a stronghold? Fortified Prison*
- ✓ **We must control our mind.**
- ✓ **We need to renew and reclaim our mind.**

Week 2:

- **Principle One: Your thinking shapes your feelings and actions, and therefore your life.**
- **Principle Two: You must recognize if you are thinking about anything that is inconsistent with God's word**
- **Principle Three: You must break the unhealthy thinking pattern.**

Week 3:

Big Idea: Your life is always moving in the direction of your strongest thoughts.

- **Identify the number one lie (stronghold) that is holding you back.**
- **Name the truth that demolishes that stronghold.**

Week 4:

- ***Cognitive bias:* A mistake in reasoning based on personal preferences or beliefs.**
- ***Reframing:* Creating a different way of looking at a situation, person, or relationship by changing its meaning.**
- **You can't control what happens to you, but you can control how you frame it.**

Big Idea:

Your life is always moving in the direction of your strongest _____.

Philippians 4:6-9 - Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. ⁸ Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me – **put it into practice.** And the God of peace will be with you.

John 14:1 - "Do not let your hearts be troubled. Trust in God; trust also in me.

Romans 12:2 - Do not **conform** any longer to the pattern of this **world**, but be transformed by the renewing of your mind.

Romans 8:5-7 - Those who live according to the sinful nature have their **minds set on** what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. ⁶ The mind of sinful man is death, but the mind controlled by the Spirit is **life and peace**; ⁷ the sinful mind is hostile to God.

- ***Worry is the sin of _____ the promises and power of God.***

2 Corinthians 10:3-5 - For though we live in the world, we do not wage war as the world does. ⁴ The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to **demolish strongholds.** ⁵ We demolish arguments and every pretension that sets itself up **against the knowledge of God**, and **we take captive every thought to make it obedient to Christ.**

Four habits:

- 1. DON'T _____ ABOUT ANYTHING.**

Philippians 4:6 - Don't fret or fear or have ANY anxiety... Amp

WORRY is _____ on my fears instead of God.

How do I switch my focus? BY _____.

Romans 8:6- The mind of sinful man is death, but the mind controlled by the Spirit is life
And peace; . . .

2. PRAY ABOUT _____.

Philippians 4:6- . . .but in **everything, by prayer and petition**, with thanksgiving, present your requests to God.

Psalm 88:9- “**every day** Lord, I **lift my hands** to you in **prayer** and **I call to you.**”

3. THANK GOD _____ EVERYTHING.

Philippians 4:6- Do not be anxious about anything, but in everything, by prayer and petition, **with thanksgiving**, present your requests to God.

1 Thessalonians 5:18- . . .give thanks **in all** circumstances, for this is **God's will** for you in Christ Jesus.

4. STAY _____ ON TRUE THINGS.

Philippians 4:8- Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – **think** about such things.

Philippians 4:7- And the **peace of God**, which transcends all understanding, will guard your **hearts** and your **minds** in Christ Jesus

Wi-Fi password: lrccquest

Five Easy Ways to Give:

1. In Person: Place your offering in an offering box at either exit.
2. Our App: Search for “Laurel Ridge Community Church” on iOS and Android.
3. Online: laurelridgechurch.org/give
4. Bill Pay: Setup LRCC on your bank's Bill Pay.
5. Mail a check to the church: 2459 Laurel Road, Oakley, CA 94561

Questions? Call 925-625-9500