

40 DAYS OF PRAYER

How to Pray for Healing and Restoration, Part 2

2-7-21

2 Chronicles 7:14 - if **my people**, who are called by **my name**, will **humble** themselves and **pray** and **seek** my face and **turn** from their wicked ways, then will **I hear from heaven** and **will forgive their sin and will heal their land.**

Four Conditions:

1. **HUMBLE**

- **ADMIT** I'm not in control!

2 Chronicles 7:14 - if my people, who are called by my name, will **humble themselves** . . .

* Humility is not thinking less of yourself; it's thinking of yourself less.

If I'm humble:

- A. God will **GUIDE** me.

Psalms 25:9 - He **guides the humble** in what is right and teaches them his way.

- B. God will **BLESS** me.

Isaiah 66:2 - **I will bless those** who have humble and contrite hearts... (NLT)

- C. God will give me the power to **CHANGE**.

James 4:6 - God opposes the proud but **gives grace** to the humble.

- D. God will **REDUCE** my stress.

Matthew 11:29 - Jesus, "Take the yoke I give you . . . and learn from me. For I am gentle and **humble, and I will restore deep rest to your soul.**"

2. **PRAY**

- **ASK** God for help!

2 Chronicles 7:14 - if my people, who are called by my name, will humble themselves and **pray** . . .

John 16:23-24 – “In that day you will no longer ask me anything. I tell you the truth, my Father will give you whatever you ask in my name. ²⁴ Until now you have not asked for anything in my name. **Ask and you will receive**, and your **joy will be complete**.”

A. Jesus **wants** me to ask.

B. Ask in my name.

John 16:23-24 – “In that day you will no longer ask me anything. I tell you the truth, my Father will give you whatever you ask in my name. ²⁴ Until now you have not asked for **anything** in my name.”

James 5:13-15 – Is any one of you in trouble? **He should pray**. Is anyone happy? Let him sing songs of praise. ¹⁴ Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. ¹⁵ And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven.

C. Get other people to pray for you.

D. Believe and expect an answer.

Ephesians 6:18 – Pray in the Spirit at all times with all kinds of prayers, asking for everything you need. To do this you must always be ready and never give up. Always pray for all God's people.

E. Keep on praying until God tells you to stop.

3. _____

• Seek God, _____ a miracle!

2 Chronicles 7:14 – if **my people**, who are called by **my name**, will **humble** themselves and **pray** and **seek** my face ...

Proverbs 8:17 – I love those who love me, and **those who seek me** find me.

Hebrews 11:6 – God rewards those who **earnestly seek him**.

Psalms 14:2 – The Lord looks down from heaven on the human race to see if there is **one** who is wise, **one** who seeks God. (HCSB)

Deuteronomy 4:29-31 – But if from there **you seek the Lord your God, you will find him** if you look for him with **all your heart** and with **all your soul**. ³⁰ When you are **in distress** and all these things have happened to you, then in later days you will return to the Lord your God and obey him. ³¹ For the Lord your God is a merciful God; he will not abandon or destroy you or forget the covenant with your forefathers, which he confirmed to them by oath.

Matthew 6:33 - "**Seek first** his kingdom and his righteousness, and all these other things will be given to you as well."

4. _____

- Turn my **attention** from the world to the word.

2 Chronicles 7:14 - if my people, who are called by my name, will humble themselves and pray and seek my face and **turn** from their **wicked ways** . . .

* I turn my attention from the world to the Word.

Wicked ways: _____

Isaiah 17:10 - You have **forgotten** God your Savior; you have not remembered the Rock, your fortress.

Turn: _____

Acts 3:19 - Repent, then, and **turn to God**, so that your sins may be wiped out, that times of refreshing may come from the Lord . . .

Proverbs 28:13 - He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.

James 5:16 - Therefore **confess** your sins to each other and pray for each other so that you may be **healed**.

Three promises:

2 Chronicles 7:14 - if **my people**, who are called by **my name**, will **humble** themselves and **pray** and **seek** my face and **turn** from their wicked ways, then will **I hear from heaven** and **will forgive their sin and will heal their land**.

1. I will _____ from heaven.
2. I will _____ your sins.
3. I will _____ your land.