

HABITS THAT LEAD TO HAPPINESS

How to Develop Daily Habits for Happiness, Part 2

Philippians 3:1-21

8-9-20

Every Day:

1. _____ in God's grace!

Philippians 3:3 – For it is we who are the circumcision, we who worship by the Spirit of God, who glory in Christ Jesus, and who put no confidence in the flesh...

Philippians 3:3 – ...We couldn't carry this off by our own efforts, and we know it!
(MSG)

The Trap of _____

Philippians 3:2-6 – Watch out for those dogs, those men who do evil, those mutilators of the flesh. ³ For it is we who are the circumcision, we who worship by the Spirit of God, who glory in Christ Jesus, and who put no confidence in the flesh—⁴ though I myself have reasons for such confidence. If anyone else thinks he has reasons to put confidence in the flesh, I have more: ⁵ circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; in regard to the law, a Pharisee; ⁶ as for zeal, persecuting the church; as for legalistic righteousness, faultless.

Rituals – Race – Religion – Rules – Reputation

Philippians 3:6 – ...for legalistic righteousness, I was faultless.

Philippians 3:9 – But I **no longer count on my own goodness** or my ability to obey God’s law. Instead I trust Christ to save me! For God’s way of making us right with himself is through faith! (NLT)

2. _____ what matters!

Philippians 3:7 – All the things that I once thought were **so important** to me, I now consider **worth nothing**, because of Christ.

The Trap of _____

1 John 2:16 – For everything in the world—the cravings of sinful man, the lust of his eyes and the boasting of what he has and does—comes not from the Father but from the world.

Philippians 3:8 – Yes, everything else is worthless when compared with the priceless gain **of knowing Christ Jesus** my Lord. I have discarded everything else, **counting it all as garbage**, so that I may **have Christ** and **become one with him**. (NLT)

3. Get to _____ Jesus better!

Philippians 3:10-11 – I want to **know Christ** and the power of his resurrection and the fellowship of sharing in his suffering, **becoming like him** in his death,¹¹ and so, somehow, to attain to the resurrection from the dead.

Philippians 3:10 – For my **determined purpose** is that I may know Christ – that I may **progressively** become more deeply and intimately acquainted with Him, perceiving and recognizing and understanding Him more strongly and more clearly...” (AMP)

The Trap of _____

Psalms 46:10 – Be still, and know that I am God.

4. _____ where I need to grow!

Philippians 3:12-13 - Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. ¹³ Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead. . . .

Philippians 3:12-13 - I don't mean to say I am perfect. I still haven't learned all I should, but I **keep working toward that day when I will finally be** all that Christ saved me for and wants me to be. No, dear brothers, I am still not all I should be... (LB)

The trap of _____

2 Corinthians 13:5 - **Test yourselves** to make sure you are solid in the faith. Don't drift along taking everything for granted. **Give yourselves regular checkups**. You need firsthand evidence, not mere hearsay, that Jesus Christ is in you. **Test it out**. If you fail the test, do something about it. (MSG)

5. _____ what can't be changed and _____ on the future!

Philippians 3:13-14 - Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: **Forgetting what is behind** and **straining toward** what is ahead, ¹⁴ I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

The traps of _____

Isaiah 43:18-19 - Forget the former things; do not dwell on the past. ¹⁹ See, I am doing a new thing!