

## **The Sabbath – End The Week Like God!**

Genesis 2:2 - And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made.

Genesis 2:3 - And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made.

Exodus 20:8 - Remember the sabbath day, to keep it holy.

Exodus 20:9 - Six days shalt thou labour, and do all thy work:

Exodus 20:10 - But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:

Exodus 20:11 - For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

Leviticus 16:31 - It shall be a **sabbath** of rest unto you, and ye shall **afflict** your souls, by a statute for ever.

**sabbath** - rest, interruption, cease, sit still, loss of time  
(Strong's Concordance)

**afflict** - to humble oneself, to bow down, to be afflicted, to be humbled (Brown-Driver-Briggs Lexicon)

Leviticus 23:39 - Also in the fifteenth day of the seventh month, when ye have gathered in the fruit of the land, ye shall keep a feast unto the Lord seven days: on the first day shall be a sabbath, and on the eighth day shall be a sabbath.

Mark 2:27 - And he said unto them, The sabbath was made for man, and not man for the sabbath:

Mark 2:28 - Therefore the Son of man is Lord also of the sabbath.

*\*\*\* Meditate on the Word of God through these questions. \*\*\**

**1** – *What does Genesis 2 describe that God did on the seventh day?* \_\_\_\_\_

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**2** – *What is the commandment described in Exodus 20:8?* \_\_\_\_\_

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**3** – *How does Mark 2:28 describe Jesus?* \_\_\_\_\_

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**4** – *After this teaching, what will you do differently for the next seven days?*

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**1 - EXPERIENCE GOD • 2 - LEARN TO BE TAUGHT BY GOD • 3 - GIVE BACK TO GOD**

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