



## DON'T LEAVE HOME WITHOUT IT! BRENDA MURR

### The Armor of God

*“Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.” Ephesians 6:10-17 (NIV)*

### The Helmet of Salvation

What does your helmet look like?

Do you have large gaps in your protection?

\_\_\_\_\_ what you think about.

*“The weapons of the war we’re fighting are not of this world but are powered by God and effective at tearing down the strongholds erected against His truth. We are demolishing arguments and ideas, every high-and-might philosophy that pits itself against the knowledge of the one true God. We are taking prisoners of every thought, every emotion, and subduing them into obedience to the Anointed One.” 2 Corinthians 10:4-5 (VOICE)*

Are we thinking about God’s goodness? Are you thinking about how powerful he is?

"Your behavior will not change until your beliefs about yourself change..." Joyce Meyers

*"You spread out a table before me, provisions in the midst of attack from my enemies; You care for all my needs, anointing my head with soothing, fragrant oil, filling my cup again and again with your grace."*

Psalms 23:5 (VOICE)

*"And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus. Finally brothers and sisters, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable—if there is any moral excellence and if there is anything praiseworthy—dwell on these things. Do what you have learned and received and heard from me, and seen in me, and the God of peace will be with you."*

Philippians 4:7-9 (CSB)

\_\_\_\_\_ to what you are hearing.

Really \_\_\_\_\_ what you are looking at.

*"Turn my eyes from worthless things and give me life through your word."*

Psalms 119:37 (NLT)

*"The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light. But if your eyes are unhealthy, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!"*

Matthew 6:22 (NIV)

## The Mouthpiece

Is it time to take a break from \_\_\_\_\_?

*"Friends, don't complain about each other. A far greater complaint could be lodged against you, you know. The Judge is standing just around the corner."*

James 5:9 (MSG)

*"Whoever guards his mouth and tongue keeps his soul from troubles."*

Proverbs 21:23 (NKJV)

## The Shield

*"In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God."*

Ephesians 6:16-17 (NIV)

How big is your shield?

*"And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him."*

Hebrews 11:6 (NIV)

*"The apostles said to the Lord, 'Increase our faith!' He replied, 'If you have faith as small as a mustard seed, you can say to this mulberry tree, 'Be uprooted and planted in the sea,' and it will obey you.'"*

Luke 17:5-7 (NIV)

How can we get a bigger shield?