

Living by Design: 10 Commandments

Week 7 // Command 9

November 2, 2025

Ice Breaker Game: Two Truths and a Lie - Each person shares **three statements** about themselves — **two true** and **one that's a lie**. The rest of the group tries to **guess which one is the lie!**

Key Scriptures: Exodus 20:16, "You shall not give false testimony against your neighbor."

Matthew 5:33-37, Ephesians 4:25

Big Idea:

God designed us with a purpose, and He gave us the Ten Commandments as the foundation for living in right relationship with Him and with others. They are not rules to restrict us, but a design for life that leads to freedom, blessing, and flourishing.

Key Thought:

God wants His community to be built on His truth.

Key Points:

- False testimony shifts blame, claims ignorance, takes advantage of others, and breaks relationships.
- Jesus wants His people to be truth-tellers.
- Jesus is the Way, the Truth, and the Life.

Digging Deeper Questions:

- Why is truthfulness so important in the community of faith?
- Why do you think it's so hard for people to "put off falsehood" as Paul says?
- How has your life been impacted by being a person of truth?

Prayer

- Pray forgiveness and healing over the ways we have hurt others through false testimony.
- Pray that we can be people who tell the truth in love, even when it's challenging or inconvenient.