

WORD MADE FLESH | Perfect Example

Ephesians 4:17-32

Pastor Tim Wilmetti

December 7, 2025

BIG IDEA: Jesus became man to _____ and
_____ God's _____ in us.

Trade _____ for _____ the _____. (v. 25)

Trade _____ for _____.
(vv. 26-27)

Trade _____ for _____ work and _____.
(v. 28)

Trade _____ words for speech that _____.
(v. 29)

Trade _____ for _____ and _____.
(vv. 31-32)

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WORD MADE FLESH | Discussion Guide

Which of the “trades” in Ephesians 4:25–32 do you find most challenging right now, and why? Can you think of any recent situations where God made that clear to you?

How do your emotions tend to influence your decisions—especially in moments of tension or conflict? What practices help you pause and choose a healthier response?

How do you approach your work, responsibilities, or resources—as opportunities to get ahead or opportunities to contribute? What’s one practical change you could make this week to serve others more intentionally?

When you speak—at home, online, or at work—what impact do your words typically have on the people around you? Can you think of a time someone’s words deeply helped or hurt you, and how does that memory shape your own speech?

Are there past wounds, frustrations, or grudges that still shape how you relate to certain people? What step toward healing or release might God be prompting you to take?

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