

# SACRED *Sexuality*

**Captivated & Consumed**  
Matthew 5:27-30

Tim Wilmetti  
May 17<sup>th</sup>, 2026

**Big Idea:** Lust must be taken \_\_\_\_\_ before it  
\_\_\_\_\_ and \_\_\_\_\_ us.

Lust is more than \_\_\_\_\_; it is  
\_\_\_\_\_.

Unbridled lust \_\_\_\_\_ our \_\_\_\_\_.

The Effects of Pornography:

- \_\_\_\_\_ — It \_\_\_\_\_ our  
\_\_\_\_\_.
- \_\_\_\_\_ — It \_\_\_\_\_ our  
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- \_\_\_\_\_ — It \_\_\_\_\_ the  
\_\_\_\_\_ of others.

\_\_\_\_\_ anything that \_\_\_\_\_ you to lust.

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## SACRED SEXUALITY | Discussion Guide

**Where do you see the difference between “seeing” and “sexualizing” in your own life?** How can we honestly acknowledge attraction without letting it become unrighteous lust?

**What are some ways unbridled lust can “disciple” our desires over time?** How have entertainment, social media, advertising, or pornography shaped what people think is normal, desirable, or acceptable?

**Under “The Effects of Pornography,” which area feels most urgent to you: personal appetites, relational devotion, or societal dignity?** Why do you think that area stood out?

**Jesus uses drastic language about cutting off what causes us to sin. What might obedience look like without making excuses or minimizing the danger?** Are there habits, devices, apps, shows, relationships, or patterns of secrecy that need to be removed?

**How does the grace of Jesus give us both courage to confess sin and power to pursue holiness?** Why do we need both forgiveness and transformation when dealing with sexual sin?

**WANT TO DISCUSS THIS MESSAGE WITH OTHERS?**

Join a Life Group – [pataskalagrace.org/life-groups](http://pataskalagrace.org/life-groups)

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