

## GOD IS \_\_\_\_\_ WHERE TO TURN WHEN YOU'RE FRUSTRATED

*Hear my prayer, LORD; let my cry for help come to you. <sup>2</sup>Do not hide your face from me when I am in distress. Turn your ear to me; when I call, answer me quickly. <sup>3</sup>For my days vanish like smoke; my bones burn like glowing embers. <sup>4</sup>My heart is blighted and withered like grass; I forget to eat my food. Psalm 102:1-4 NIV*

*“In the beginning you laid the foundations of the earth, and the heavens are the work of your hands. <sup>26</sup>They will perish, but you remain; they will all wear out like a garment. Like clothing you will change them and they will be discarded. <sup>27</sup> But you remain the same, and your years will never end.” Psalm 102:25-27 NIV*

*“I the LORD do not change. ...” Malachi 3:6 NIV*

*Jesus Christ is the same yesterday and today and forever.  
Hebrews 13:8 NIV*

*“God is not a man, so he does not lie. He is not human, so he does not change his mind. ...” Numbers 23:19 NLT*

*So the LORD changed his mind about the terrible disaster he had threatened to bring on his people. Exodus 32:14 NLT*

***anthropomorphism: attributing human characteristics to God***

*... You do not have because you do not ask God. James 4:2 NIV*

*This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. 1 John 5:14 NIV*

**Prayer reminds us that we're not in control, and it keeps us close to the One who is.**

### **1. God's Word never changes.**

*"The grass withers and the flowers fall, but the word of our God endures forever." Isaiah 40:8 NIV*

*"Heaven and earth will pass away, but my words will never pass away." Matthew 24:35 NIV*

### **2. God's character never changes.**

*Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? ... <sup>37</sup>No, in all these things we are more than conquerors through him who loved us. <sup>38</sup>For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, <sup>39</sup>neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. Romans 8:35, 37-39 NIV*

*"... I am God, and there is no other; I am God, and there is none like me." Isaiah 46:9 NIV*

### **3. God's promises never change.**

*For no matter how many promises God has made, they are “Yes” in Christ. ... 2 Corinthians 1:20 NIV*

## **TALK IT OVER**

Read **2 Corinthians 1:20**. Talk about some of the promises God has made to you. Where have you seen God keep His promises in your life before?

Share about a time when you felt frustrated or out of control. How did you handle that time, and what role did prayer have in overcoming that moment?

Is there a Scripture or Bible verse that helps you remember the unchanging power of God? Share that with your LifeGroup, then talk about times when you've remembered that verse in the middle of life's changes.