

**Almost True—
Why Don't I Feel Like Enough?**

Without Christ, you are not enough.

Don't let anyone capture you with empty philosophies and high-sounding nonsense that come from human thinking and from the spiritual powers of this world, rather than from Christ. ⁹For in Christ lives all the fullness of God in a human body. ¹⁰So you also are complete through your union with Christ ...

Colossians 2:8-10 NLT

When you believe you're enough, you won't seek the One who is.

Without Christ, We Are ...

- **Dead in our sins (Ephesians 2:1)**
- **Without hope and without help (Ephesians 2:12)**
- **Foolish, deceived, and slaves to sin (Titus 3:3)**
- **Spiritually blind (1 John 2:11)**
- **Wretched and miserable (Romans 7:24)**
- **Ignorant and separated from the life of God (Ephesians 4:18)**
- **Objects of wrath, destined for destruction (Romans 9:22)**

... "No one is righteous—not even one. ... ¹²All have turned away ... No one does good, not a single one." Romans 3:10, 12 NLT

- **To fully treasure what you have in Christ, you need to remember what you were without Him.**

Once you were dead because of your disobedience and your many sins. ²You used to live in sin, just like the rest of the world, obeying the devil—the commander of the powers in the unseen world. ... ³All of us used to live that way, following the passionate desires and inclinations of our sinful nature. By our very nature we were subject to God’s anger, just like everyone else. ⁴But God is so rich in mercy, and he loved us so much, ⁵that even though we were dead because of our sins, he gave us life when he raised Christ from the dead. (It is only by God’s grace that you have been saved!)

Ephesians 2:1-5 NLT

Such is the confidence that we have through Christ toward God. ⁵Not that we are sufficient in ourselves to claim anything as coming from us, but our sufficiency is from God ... 2 Corinthians 3:4-5 ESV

The Good News

- **You’re helpless, but Jesus is your helper.** (Hebrews 13:6)
- **You’re weak, but Jesus is your strength.** (2 Corinthians 12:9-10)
- **You’re depressed, but Jesus is your hope.** (2 Thessalonians 2:16)
- **You’re exhausted, but Jesus is your rest.** (Matthew 11:28)
- **You’re anxious, but Jesus is your peace.** (John 14:27)
- **You’re struggling financially, but Jesus is your provider.** (Philippians 4:19)
- **You’re hurting, but Jesus is your comforter.** (2 Corinthians 1:3-4)
- **You’re in bondage, but Jesus is the Savior who sets you free.** (John 8:36)

- **In what area of your life are you relying on yourself instead of God? What is God calling you to do about it?**

“Call to me and I will answer you ...” Jeremiah 33:3 NIV

“... call on me in the day of trouble; I will deliver you ...”

Psalm 50:15 NIV

The LORD is near to all who call on him ... Psalm 145:18 NIV

When I am in distress, I call to you ... Psalm 86:7 NIV

“Everyone who calls on the name of the Lord will be saved.”

Romans 10:13 NIV

TALK IT OVER

Read **2 Corinthians 3:4-5**. What are your thoughts or feelings about the truth of our sufficiency coming from God? Where do people usually find their sufficiency, compared to what this Scripture says?

Share about a time when you felt overwhelmed or like you weren't enough. What did you learn about relying on Jesus through that situation?

In what area of your life are you relying on yourself instead of God? What is God calling you to do about it?