

# Fall Brawl: A 5-Day Bible Reading Plan and Devotional Guide

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## Day 1: God Meets You in the Wrestle

Reading: Genesis 32:22-30 -- The account of Jacob wrestling alone through the night, refusing to let go until he received a blessing, and encountering God face to face.

Devotional:

There are seasons when God strips away the noise, the crowd, and the distractions and leaves you alone with Him. This is not punishment. This is invitation. Jacob did not encounter God in a crowd. He encountered Him in solitude. The wrestle you are avoiding may be the very place God is waiting for you. He is not frightened by your struggle or your doubt. He is present in it. Before you reach for another distraction, consider setting aside five uninterrupted minutes today to sit in silence and ask: God, what are you doing in me?

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## Day 2: Facing Who You Are

Reading: Psalm 139:1-16 -- A meditation on God's complete and intimate knowledge of every person, including their past, their present, and the days ahead that have already been seen by Him.

Devotional:

God asked Jacob his name not because He did not know it, but because Jacob needed to say it out loud. Naming who you are -- your failures, your patterns, your history -- is not an act of shame. It is an act of honesty that opens the door to transformation. God already knows your full story. He has read every chapter, including the ones you wish you could tear out. And still He pursues you. Healing cannot begin where honesty is refused. Today, bring your real name before God and trust that He is not surprised by a single syllable of it.

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## Day 3: You Are Created for Purpose

Reading: Ephesians 2:8-10 -- A passage affirming that salvation comes through grace by faith, not by human effort, and that believers are God's workmanship, created in Christ Jesus for good works that were prepared in advance.

Devotional:

You were not saved simply to avoid a bad destination. You were saved and then sent. Ephesians 2:10 makes clear that good works were prepared in advance for you to walk in. This means your purpose is not something you must manufacture. It is something you must discover. The gifts you carry, the experiences you have survived, the passions that will not leave you alone -- these are not accidents. They are fingerprints of a God who designed you with intention. The wrestle you feel is often the gap between who you have been living as and who God created you to be. Step toward it.

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#### **Day 4: Your Story Is Not Wasted**

Reading: Romans 8:28-30 -- The assurance that God works all things together for the good of those who love Him and are called according to His purpose, conforming them into the image of His Son.

Devotional:

The parts of your story you would most like to erase are often the parts God most wants to redeem. Romans 8:28 does not say that all things are good. It says that God works all things together for good. There is a difference. The suffering was real. The failure was real. The loss was real. But God is a craftsman who wastes nothing. Every broken piece is material in His hands. The question is not whether He can use your story. The question is whether you will trust Him enough to stop hiding it. What you have walked through may be exactly what someone else needs to hear.

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#### **Day 5: Stop Waiting to Become Someone Else**

Reading: Jeremiah 1:4-10 -- God's call to Jeremiah, who immediately objected that he was too young and did not know how to speak, and God's response that He had known Jeremiah before he was formed and had appointed him before he was born.

Devotional:

Jeremiah's objection was not unique. Most people who are called by God immediately present a list of reasons why someone else would be a better choice. God's response to Jeremiah was not a debate. He simply said He had already decided. The same is true for you. God is not waiting for a more polished version of you to arrive before He begins His work. He is working now, in the person you are today, with the history you carry and the limitations you feel. The wrestle ends not when you become someone else, but when you finally agree with what God has already said about who you are.

### Reflection Questions:

Mickey describes a moment where God told him he was 'missing a step' in his sermon preparation -- when have you sensed God redirecting your plans, and how did you respond to that redirection?

Jacob sent his family and possessions across the river before his wrestling match, effectively removing all distractions before encountering God -- what distractions do you most commonly use to avoid being alone with God, and why do you think you reach for those particular things?

Mickey states that 'sometimes we don't wrestle with whether God is speaking, we wrestle with whether we're willing or how to respond' -- which side of that tension do you find yourself on most often, and what does that reveal about your relationship with God?

Jacob's name meant 'heel grabber' or deceiver, yet God renamed him Israel, meaning 'one who wrestles with God' -- how does the idea that your greatest struggle could become the foundation of your God-given identity challenge the way you view your own weaknesses or past failures?

Mickey points out that some people intentionally surround themselves with others who have bigger problems so they can avoid confronting what God is saying to them -- in what ways might you be using busyness, community, or comparison to silence God's voice in your own life?

Genesis 32 describes Jacob refusing to release God until he received a blessing, even after being physically wounded in the struggle -- what does it look like practically for a believer today to hold on to God with that level of persistence through pain and uncertainty?

Mickey draws from Ephesians 2:10, describing believers as created, prepared, and sent -- which of those three words feels most distant or unbelievable to you personally, and what do you think is keeping you from fully embracing it?

The sermon suggests that God does not wait for you to become someone else before he can use you, but meets you where you are -- how does this truth challenge or comfort you, particularly in

areas of your life where you feel disqualified or unworthy?

Mickey makes a distinction between wrestling with God as a sign of lacking faith versus wrestling as proof of faith -- how does reframing spiritual struggle as an act of faith rather than a failure of faith change the way you approach your current season of life?

The central question of the series is 'What does God want me to do with what he is doing in me?' -- what is one specific thing you sense God has been doing in you recently, and what fear or uncertainty is making it difficult to act on what he is showing you?