

LIFE GROUP QUESTIONS

Week of October 18, 2020

“Lifting Burdens”

Galatians 6:1-3

CENTRAL TRUTH: God’s people are to lift up one another’s sin burdens in love.

WHAT’S HAPPENING @ ANCC

1. **Kids Fall Activity Kits** - Attention parents! Pick up your child(ren)’s fall activity kits on Sunday, October 25th at one of the following times and locations:
 - EASTSIDE: Bellevue Whole Foods from 12-1:30PM
 - NORTHSORE: Lynnwood Target) from 2-3:30PM
2. **Youth Virtual Game Night** - All youths and their friends are invited to a virtual Game Night on Friday, October 30th at 5:30-7pm. Join for a fun night virtual mafia!
3. **Youth Student Leadership** - Introducing the 2020-21 Student Leadership Team: Solomon Chun, Izzy Koo, Evan Yang, and Christie Lee! Please keep them in your prayers as they serve to help grow the youth ministry.

GETTING STARTED

1. SOAP TIME: Share your most meaningful SOAP entry from this past week in which God spoke deeply into your heart. (One or two people share)
2. How much do you think your cultural or family upbringing impacts how transparent you are about your struggles and failures? Do you tend to hide them or be open about them?

DIGGING DEEPER

3. Read Galatians 6:1-3. God calls his people to “bear one another’s burdens” (v. 2)—that is, to intervene and help one another from being crushed under the weight of sin.
 - a. What obstacles can hinder you from being vulnerable with others about a particular sin you struggle with the most? What can help remove these obstacles?
 - b. What obstacles can hinder you from intervening and helping others overcome their most crushing sin? What can help remove these obstacles?
4. When does a struggle with sin become a burden you need to share with others? Do you have people ready to share with if this were to happen?

5. Read Galatians 6:1 again. Discuss some ways you can restore someone with a spirit of gentleness. How do you guard against having a judgmental and prideful spirit toward others?

TAKING IT HOME

6. How important is it to you that ANCC be a safe place where people can be vulnerable about their struggles with sin? What role can you play in making this happen in your Life Group?
7. PRAYER TIME: Pray for ANCC to be a safe and vulnerable place where we can lift up one another's burdens in love.